FLEURY SPEAKS OUT ON REVEALING BOOK, PG14

Canadian Legal Resource Centre Inc.
CALL NOW! Mon-Sat Daytime & Evening Appointments
403.229.2774 FREE CONSULTATION
UNCONTESTED DIVORCES
Legal Separation Agreements
Spousal Land Transfers
www.canadianlegal.org
CRIMINAL RECORD?
Canadian Pardons
US Travel Waivers
Fingerprinting
21+ years experience
Voted #1 Paralegal
Why pay more?

The world's largest global newspaper
metro®
RY • THURSDAY, OCTOBER 15, 2009 metronews.ca

EXCLUSIVE OFFER

see details on PAGE 21
axcess Sears

News on the Move

What's this barcode for?
Learn how to scan the barcode with the instructions at the top of pg 3

Eradicating Poverty

To mark the United Nations' International Day for the Eradication of Poverty this Monday, Metro Canada is taking a look at how Canadians are fighting poverty and making ends meet.

- Today

We introduce you to a local resident who is living in poverty because of the recession, page 3.

- Tomorrow

Metro looks at how local agencies are trying to help those who are living below — and above — the poverty line.

- Online

Metro Canada wants to hear your ideas on how we can eradicate poverty and learn about how the issue is affecting your community. Go to metronews.ca to share your views, tell your story or upload a picture.

Relating pg 10

Compromise found in date flicks

ShareYourViews
calgaryletters@metronews.ca

On the web

Visit metronews.ca for news updates

Full house | Jay-Z

ROBIN KINASEWICH/FOR METRO CALGARY

Hip-hop superstar Jay-Z continues his North American tour by throwing down some sweet rhyme to a soldout crowd at the Saddledome in Calgary last night. The tour is promoting his 11th studio album, The Blueprint 3.

Stelmach puts freeze on wages

TV address announcement to affect 6,500 bureaucrats

Premier Ed Stelmach used a provincewide broadcast yesterday to warn Albertans of coming budget cuts and belt-tightening measures, starting with a two-year wage freeze for 6,500 senior bureaucrats.

But the 20-minute paid address was short on specifics on how the premier will fulfil his promise to eliminate a record $7-billion deficit in three years without raising taxes.

"We'll limit government spending and live within our means," the premier said in the pre-taped message. "This plan will not increase taxes.

"You cannot tax your way out of recession. That would only hurt the fragile recovery that's starting to emerge."

Ed Stelmach

Liberal Opposition Leader David Swann said the broadcast reflected a lacklustre premier who said little to justify the $134,000 cost for airtime and production.

"I was kind of struck by his lack of energy," said Swann. "He seemed to be quite subdued and not very enthused about this whole effort to give Albertans a sense of confidence."

The wage freeze will save $22 million over two years and affects 4,400 managers in all government departments, plus 2,100 senior staff, including bureaucrats earning up to $400,000 a year.

However, this does not mean the government plans to legislate wage rollbacks for teachers, nurses and other public-sector workers, said Tom Olsen, Stelmach's spokesman.

The premier is simply sending a signal to their unions that any wage hikes in the short term could result in job cuts because of budget constraints, he said.

Bargaining on a new contract with the 22,000 government workers represented by the Alberta Union of Provincial Employees won't begin until August.

Union president Doug Knight said he's leery of any talk of wage freezes after the bitter experiences that occurred in the 1990s when Ralph Klein was premier.

"The workers accepted the rollback and then the government privatized transportation and liquor stores and laid off healthcare workers," said Knight.

THE CANADIAN PRESS

City's recovery to be slow: Officials

KRISTA SYLVESTER
krista.sylvester@metronews.ca

FORECAST There are some positive signs Calgary's economy is turning around, according to the 2009-2019 Socio-Economic Outlook, but city officials warn the recovery pace will be slow.

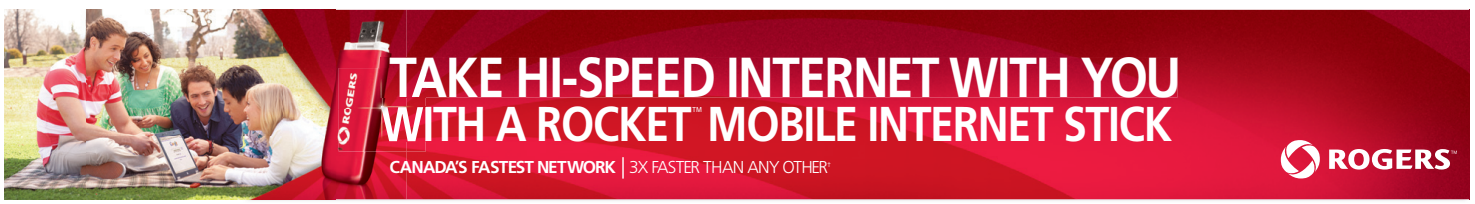
The city released the annual report yesterday, projecting the economy's fate over a period of 10 years, and found Calgary's economy is forecasted to contract by 2.5 per cent in 2009 and then increase by 2.2 per cent in 2010.

"Calgary's local economy will continue to strengthen as global economies begin to recover," city economist Patrick Walters said.

Socially, however, a lot of Calgarians are feeling the pinch with the current economic situation, said social planner Derek Cook.

"The families that were low savings-high debt before this hit were hit really hard when the economy downturned. That has an effect on the entire city and middle-income families are feeling it, too," he said.

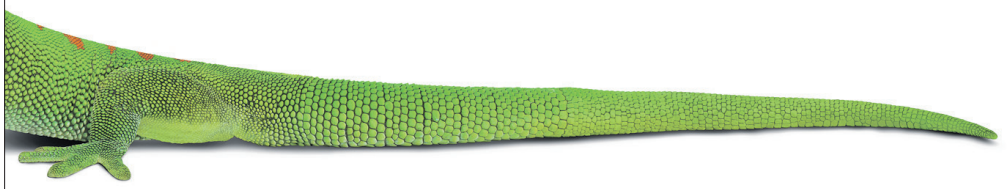
Cook said it will take a couple years before the city economy really starts to level out.



†Speed performance claims based on comparing download speed of Rogers 3.5G HSPA network and competitors' 1xEvdo networks within Rogers HSPA coverage area. Speed may vary depending on the handset, topography and environmental conditions, network congestion and other factors. HSPA network not available in all areas. See rogers.com/rocket for coverage details.
™Trademarks of or used under license from Rogers Communications Inc. or an affiliate. All other brands, names and logos are trademarks of their respective owners. © 2009 Rogers Wireless.

Free Daily News Group Inc., operating as Metro Calgary. 120, 3030 - 3 Avenue NE, Calgary, Alberta T2A 6T7. Publisher: Steve Shrout

Hurry, this won't last long.



Get High Speed for an amazing price.

$10/mo.* For 1 year in a bundle

For a limited time, sign up and get:

- TELUS security services
- 24/7/365 support
- No contracts

Sign up today and get your first month FREE.†

TELUS
the future is friendly®

Call 310-4NET or visit telus.com/gethighspeed or your nearest TELUS authorized dealer.

TELUS AUTHORIZED DEALERS

Northwest
Market Mall
North Hill Mall
Northland Mall

Northeast
Sunridge Mall
Deerfoot Mall
Marlborough Mall
511 - 500 Country Hills Blvd. NE
Calgary Airport

Southwest
Chinook Centre
Southcentre Mall
TD Square
Bankers Hall
Westbrook Mall
237 - 255 5th Ave. SW
203 - 321 6th Ave. SW
245 - 225 7th Ave. SW

Southeast
856 - 33 Heritage Meadows Way SE

Offer available until November 4, 2009, to new clients who have not signed up for TELUS High Speed Internet services in the past 90 days. *Offer available when you choose TELUS High Speed Lite and combine it with one or more other TELUS home services. New High Speed Lite clients receive an additional $10 off the regular price each month in months 2-12. Regular bundled rate of $20/month starts on month 13. An additional $5/month will apply to monthly plan rates for High Speed clients who are not on a TELUS home bundle. †1 month of new service available for free to clients who combine TELUS High Speed with one or more other TELUS home services. © 2009 TELUS.

News on the Move IN THREE EASY STEPS

1 DOWNLOAD THE **FREE** SCANLIFE APPLICATION WITH YOUR SMARTPHONE AT 2DSCAN.COM

2 USE THE SCANLIFE APPLICATION ON YOUR SMARTPHONE TO SCAN 2D BARCODES IN METRO

3 THE CODES WILL DIRECT YOUR MOBILE BROWSER TO RELEVANT CONTENT AT M.METRONEWS.CA

ScanLife

Local

Thrill the World on Oct. 24

Zombies around the world will embark on the 4th annual attempt to Thrill the World 2009 and break a world record for a simultaneous dance to Michael Jackson's Thriller, including here in Calgary at the Canada Olympic Park on Oct. 24. For more info, visit thrillthetheworld.com METRO CALGARY

METRO INTERNATIONAL NEWSPAPER OF THE YEAR 2009 Festival of Media Awards

m.metronews.ca

Scan this barcode for more Local news on your smartphone.
Learn how to scan the barcode with the instructions at the top of this page.

Calgary in brief

HOME INVASION Police say three men responsible for a violent home invasion robbery in the city's northeast Tuesday gained access to the home by impersonating a police officer. Once inside, the men confined three victims to a room while pillaging the home, police said. Police believe the incident was not random. The suspects are two Caucasian men and a darker-skinned man, police said.
METRO CALGARY

Calgary tweets

- @gemihoo 350+ crashes so far due to snowy Calgary roads. Wow am I ever glad I didn't have school yesterday.
- @AshLaRae Ventured off the bus in bravery & had a blast with a SNOWBALL fight!! Ok, ok, maybe this snow isn't so bad ... Calgary's kinda fun :-D
- @stevendollansky Interesting response on Powerplay by Minister Prentice when asked if he will rescue the AB PC's if the leadership review goes badly.. #ableg

ADVERTISE TODAY!
1 888 91 metro (63876)

Inner tiger aids woman in wake of recession

Fights on to not 'lose everything'

DARREN KRAUSE
darren.krause@metronews.ca

Eradicating Poverty

With $40 in her pocket, a then 17-year-old Mary MacDonald hitchhiked her way from an impoverished Northern Ontario life to dreams of prosperity in a booming Alberta.

Over 15 years, hundreds of educational hours and a wealth of oil and gas experience later, MacDonald now finds herself a cold casualty of a recessionary wave that humbled many in its wake.

In 2005, MacDonald purchased a Falconridge property — a place she could "finally call home." At the height of the boom, MacDonald capitalized on the home's equity in the pursuit of a dream — to open a martial arts academy.

MacDonald left her job, leveraged her home, found two investors and it appeared her dream was on the road to realization. Shortly thereafter, the markets plummeted.

"At first I just thought it was a short-term glitch and that the market would pick up as quickly as it crashed," MacDonald said.

Two months later, the investors pulled out and MacDonald was left without employment, no job to return to, and a dream that appeared dashed.

"I knew I'd have to do some belt-tightening but I never dreamed I would be in a situation where I could lose everything I've worked for."

Facing a mortgage in arrears and a still-shrinking job market, MacDonald is working where she can, struggling to make ends meet in a world that's been turned upside down — as it has been for many Calgarians.

But one constant remains.

MacDonald said she will see her dream of a martial arts academy come true some day. She refuses to accept defeat at the hands of the recession, instead turning to inner strength after a lifetime of hard knocks.

"Dig down deep and find your growl," MacDonald advises. "Everyone has a tiger inside."

PHOTO SUBMITTED

Mary MacDonald vows to get back on her feet and open a martial arts academy.

Citizens give cops good grade

Gangs, drugs and a lack of resources concern Calgarians when it comes to policing, but overall police are doing a good job, according to a police citizen survey.

The Calgary Police Commission released results yesterday with more than 1,000 polled in July and August and 92 per cent said they were pleased with the job police are doing.

"We're happy about the results but we're not going to sit here and pat our backs for too long. We have to keep up the good job and keep moving forward," deputy chief Al Redford said of the results.

Police commission chair Denis Painchaud acknowledged Calgary has one of the lowest police to population ratios in the country, but said police will continue to use the resources they have effectively.
KRISTA SYLVESTER/METRO CALGARY

Raising funds **Rappel for recovery**

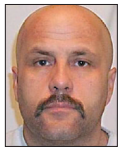
ROBIN KUNIKSKI/FOR METRO CALGARY

Bob Sartor, CEO of the Forzani Group, left, and Byron Smith, rapelling guide and director of the Sir Edmund Hillary Foundation, rappel down the side of the Calgary Tower to raise awareness for the Sir Edmund Hillary Foundation of Canada and Alberta Adolescent Recovery Centre (AARC).

Warning on high-risk offender

Police have issued a public warning after a high-risk offender released into the city last month allegedly violated his conditions yesterday morning.

Officials say Dean Robert Zimmerman, 44, was supposed to stay at an approved address as part of his conditions when released on Sept. 29, but when police checked in early yesterday morning he wasn't home.



Dean Robert Zimmerman

"Mr. Zimmerman has a history of violently assaulting women who he has known for various lengths of time," Sgt. Rich Veldhoen said.

"We're warning the public … he is not complying and we're not sure where he is or what he is doing."

Zimmerman served four years and three months in a federal prison before being released.
KRISTA SYLVESTER/METRO CALGARY

metronews.ca
What's online today.

Family Law Columnist, Brahm Siegel, tackles Letterman, Edwards, divorce and adultery at **metronews.ca/familymatters**

Lotteries

Lotto 6/49: 4, 17, 19, 22, 24 & 46. Bonus 30
These results are not official.

Teachers want province to Stop the Cuts
The Alberta Teachers' Association launched a campaign aimed at protesting cuts to education, dubbed Stop the Cuts. The campaign is intended to protest an anticipated $340-million cut to education funding in the 2010 provincial budget. METRO CALGARY

United Way offering Hope in Hard Times

Eradicating Poverty

Even the most troubling issues can be solved with a simple, pragmatic approach.

Yesterday, the United Way of Calgary and Area distributed 10,000 Hope in Hard Times guidebooks city-wide, offering recently unemployed Calgarians or those facing financial hardship a where-to-turn tool to navigate difficult times.

"What we tried to convey in this is, no matter how desperate your situation might feel, there's something you can do," said Loreen Gilmour, poverty director for the United Way.

Gilmour said information from their Resiliency Report indicated a need to provide clear, concise information for Calgarians who are struggling with job loss and financial uncertainty for the first time.

Michelle Wickerson of Distress Centre Calgary believes the United Way's recent endeavour has not only responded to the needs of Calgarians, but also to those of city support organization by providing a mechanism to alleviate or reduce the sense of being overwhelmed with their circumstances.

"People are calling us very overwhelmed — they're going through circumstances they haven't dealt with in the past," said Wickerson.

"Hope in Hard Times is allowing people to go through step-by-step what things they might want to consider in where their next steps might be."

The booklet is being distributed throughout the city, at banks, public libraries, government and social agencies, and can also be found online at calgaryunitedway.org.

DARREN KRAUSE/ METRO CALGARY

ONLY UNTIL FRIDAY, NOVEMBER 6, 2009

Visit our NEW TD Canada Trust branch for your FREE 9" digital photo frame[1]

Whether you're new to TD Canada Trust or you already enjoy the comfort of banking with us, you can qualify for a free 9" digital photo frame.

All you have to do is transfer your main personal or small business chequing account from another financial institution to TD Canada Trust using EasySwitch™ by November 6, 2009.

For personal accounts, you'll also need to set up at least one direct deposit or two pre-authorized payments.

EasySwitch makes it easy

Our EasySwitch service offers a simple and easy way to transfer your account and pre-authorized payments from another financial institution to TD Canada Trust – at no cost to you! We'll look after the details for you, including –

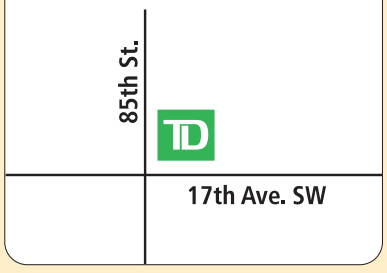
- Transfer of your account balances
- Transfer of your pre-authorized payments
- Closure of your account at the other financial institution

TD Canada Trust
Banking can be this comfortable

Come meet the friendly staff at our new TD Canada Trust branch.

This offer is only valid at –
Aspen Landing Shopping Centre
252 Aspen Landing SW
Calgary (403) 292-2808

Monday to Wednesday .... 8 a.m. – 6 p.m.
Thursday & Friday ..... 8 a.m. – 8 p.m.
Saturday ..... 8 a.m. – 4 p.m.



1 To receive a 9" digital photo frame, customer is required to close their main personal or business chequing account at another financial institution and transfer it by November 6, 2009 to a new or existing eligible chequing account at TD Canada Trust using EasySwitch. For personal customers, the TD Canada Trust account must also be set up with at least one direct deposit or two pre-authorized payments (can be new or existing). Limit one free gift per personal or small business customer. Joint account is eligible for one gift only. Personal customer must be 19 years of age or older. All conditions of the offer must be completed by December 4, 2009 to qualify for the free gift. Cannot be used in conjunction with any other offer. TD Canada Trust reserves the right to extend or withdraw this offer at any time without notice. Other conditions may apply.

™ Trade-mark of The Canada Trust Company.

Feds, province chip in $779M for carbon capture

ENERGY The federal and Alberta governments have promised $779 million to help a large private-sector company build a project that could eventually see one million tonnes of greenhouse gases injected underground.

"Carbon capture and storage has the potential to help us balance our need for energy with our duty to protect the environment," Prime Minister Stephen Harper said yesterday as he announced the $1.4-billion project at TransAlta Corp.'s coal-fired generating station near Edmonton.

The Alberta government has promised $436 million, the majority coming over 15 years, to TransAlta while Ottawa will contribute $343 million. TransAlta will pay for the rest.

TransAlta president Steve Snyder said the company will make a final decision on the project's feasibility in about a year and, if it's approved, expects it to start sending carbon dioxide underground for long-term storage in 2015.

"We'll do an engineering study just to be sure we believe this will be a good investment," Snyder said. "Everything we've seen today says this is a go. By 2015, we should be capturing and sequestering one million tonnes of carbon (per year)." THE CANADIAN PRESS

News in brief

CHARGES After a lengthy 20-month investigation into an alleged telemarketing scam, the RCMP Calgary Commercial Crime has charged nine individuals with 261 charges. Ibrahim Daud, 45, and Kingsley Odoemena, 34, of Calgary, have been charged with two others from Canada relating to the alleged cross-border scam.

PAROLE A man who killed a five-year-old girl in 1980 was extended day parole by the National Parole Board. The board says Harold Smeltzer is a manageable risk and will allow him to leave his Regina halfway house during the day for another six months without an escort. METRO NEWS SERVICES

Teens buying bootlegged cigarettes: Study
The latest study of cigarette butts collected around high schools in Ontario and Quebec suggests more and more teens are buying their smokes on the black market.
The study commissioned by the Canadian Convenience Stores Association found 30 per cent of butts gathered outside Ontario high schools were contraband. THE CANADIAN PRESS

Canada

Tobacco firm destroyed research: Report

University researchers allege Imperial Tobacco Canada destroyed seven million pages of research that included scores of studies showing the devastating impact of smoking. The University of Waterloo researchers have examined 60 scientific studies conducted between 1967 and 1984, and published their findings in the Canadian Medical Association Journal. They say that one of the studies shows tobacco company researchers exposing hamsters to cigarette smoke, and concluding that they developed cancerous lesions as a result. THE CANADIAN PRESS

News in brief

SECURITY The Department of Justice is reviewing its security policies after a 16-year-old female allegedly hid a knife in her genitals then tried to use it in the attack of a 22-year-old woman inside the Halifax provincial courthouse Tuesday afternoon. "We understand that she got through the metal detections (at the courthouse) because she had placed the knife in her vagina," said the department of justice's Christine Mosher, who is the executive director, court services division, responsible for sheriff services.
PHILIP CROUCHER/METRO CANADA

DNA TEST Keanu Reeves is not the father of a Barrie, Ont., woman's children, says a lawyer for the actor. CTV News reports the lawyer as saying DNA tests have determined Reeves is not the father of any of Karen Sala's four adult children. Reeves agreed to the DNA test last month.
THE CANADIAN PRESS

Montreal **Charkaoui arrives**

RYAN REMIORZ/THE CANADIAN PRESS

Adil Charkaoui, left, arrives with supporters at a news conference yesterday in Montreal. A judge ruled against any appeals to the removal of the security certificate against him and removed all remaining bail conditions against Charkaoui who was suspected of being a terrorist.

Torture was possible, diplomat warned

Official advised feds of prisoner abuse in buried reports

A Canadian diplomat warned the federal government in writing early in 2006 that Afghan prisoners faced the possibility of torture — reports that have been smothered under a blanket of national security.

The politically explosive revelation was made in an affidavit filed by Richard Colvin — now an intelligence officer with the Foreign Affairs Department — to the Military Police Complaints Commission, which once again adjourned public hearings yesterday.

The inquiry, which is looking at what military police knew, or should have known, about possible Afghan prison torture, has been put on hold for at least six months amid court appeals over its jurisdiction.

Colvin's written submission stated that two reports — one on May 26, 2006, and the other on June 2, 2006 — were distributed widely in the Foreign Affairs and Defence Departments, including to senior military commanders in both Ottawa and Kandahar.

He also visited Kandahar's Sarpoza prison.
THE CANADIAN PRESS

Response

- When allegations of abuse surfaced, Prime Minister Stephen Harper and several cabinet ministers insisted they had received no credible reports from Canadian officials about possible torture.

m.metronews.ca

Scan this barcode for more Canada news on your smartphone.
Learn how to scan the barcode with the instructions at the top of pg 3

full-time dog walker
part-time tax professional

H&R BLOCK®

For a career that gives you the freedom to enjoy life outside of work, enrol in H&R Block's Tax Training School today. This course offers high quality training from our knowledgeable instructors and gives you the skills required for the chance to work at H&R Block.* As one of our tax professionals you could enjoy the benefits of **seasonal full or part-time work** and flexible hours, ensuring that you get the most from life both in and out of the office.

Register online at hrblock.ca or call 1-877-32BLOCK (1-877-322-5625) for details.

Classes start October 17th

*Enrolment restrictions may apply. Enrolment in, or completion of, the H&R Block Tax Training School is neither an offer nor a guarantee of employment. This course is not intended for, nor open to any persons who are either currently employed by or seeking employment with any professional tax preparation company or organization other than H&R Block. © 2009 H&R Block Canada, Inc.

Join our team for a career that allows you to do the things in life you love to do. Seasonal full and part-time positions available.

Go Ahead.
Launch Your Life!

If you're looking for a new career, this is the place for you. Learn everything you need to choose your career programs of study, and get on your way to a life you want. Academy of Learning gives you lots of choices and flexibility. Get in the workforce quicker in less than one year.

Call Today, and Start Training Right Away!

- Business Administration
- Medical Office Assistant / Unit Clerk Specialty
- Government of Alberta Health Care Aide
- Dental Administrative Assistant
- Retail Pharmacy Technician
- Office Administration
- Computerized Payroll Accounting
- Web Designer
- Network Administrator
- PC Support Specialist
- Business Office Skills
- Payroll Administrator
- and more!

Consumers' Choice Award 2002 - 2009 For Business Excellence

* May not be available at all locations.
Financial Assistance may be available to those who qualify!

Calgary Northeast Campus
#260, 495-36th Street NE
Call Today! Ph. (403) 569-8973

Academy OF LEARNING Career and Business College
www.academyoflearning.ab.ca

Sex abuse panel asks for more time to report

A three-year, nearly $50-million public inquiry in eastern Ontario examining institutional responses to sex abuse allegations has again asked for more time to complete its report. The Ministry of the Attorney General is considering the request. THE CANADIAN PRESS

Loving dad or killer?

Schoenborn seemed safe: Mom

The mother of three children found slain in their B.C. home told police their loving father seemed incapable of harming them.

Darcie Clarke testified that even if he had shown signs of mental illness in the days leading up to the deaths she may still have left her sons and daughter with him.

In her final day of testimony at Allan Schoenborn's first-degree murder trial, Clarke reviewed statements she made to police days after the tragedy.

She had found Kaitlynne, 10, Max, 8 and five-year-old Cordon dead in their Merritt, B.C., home.

Clarke described Schoenborn as an active father who played often with the children.

She told police Schoenborn built a bed and attached desk for his daughter and a fireman-type pole for his sons' bunkbeds so they could slide down from the top bunk.

"Allan never spanked the kids?" "True."

Question and answer at Schoenborn trial

"You didn't think he was capable of violence towards the kids," defence lawyer Peter Wilson asked Clarke.

"Right," she replied.

"Allan never spanked the kids," said Wilson.

"True," she said.

"You didn't understand how he could have done it. It never entered your head that he could have hurt them," said Wilson, reviewing her police statement.

"Yes," she agreed.

THE CANADIAN PRESS

Regina **Future voters ask Iggy for answers**

TROY FLEECE/THE CANADIAN PRESS

Grade 11 student Kelsey Mills asks Liberal Leader Michael Ignatieff a few questions at Campbell Collegiate High School in Regina, Sask., yesterday.

Greenpeace eyes Suncor deal

ACTIVISTS Greenpeace says it expects a deal will soon be reached to resolve a civil lawsuit filed by Suncor.

Suncor seeks damages and an injunction barring activists from engaging in protests on the oil company's worksites.

"Our lawyers have talked to their lawyers, and we expect this case to be dropped within the next couple of days," Greenpeace spokesperson Mike Hudema said yesterday.

Hudema said it is likely the environmental group will agree to some concessions.

"I think there will be some agreement from both sides, but we do expect them to withdraw the lawsuit for sure," he said. THE CANADIAN PRESS

News in brief

TRAGEDY The federal government doesn't think the inquiry into the death of Robert Dziekanski at the hands of the RCMP should be able to find misconduct against the force. But in their final submission, federal lawyers seemed prepared to let the inquiry take the officers involved to task.

THE CANADIAN PRESS

BEST BUY FUTURE SHOP LONDON DRUGS Walmart Zellers

koodo shop

Calgary: Deerfoot Mall, Market Mall, Marlborough Mall, Southcentre Mall, Sunridge Mall
Lethbridge: Park Place Shopping Centre
Red Deer: Bower Place
Rocky View: CrossIron Mills

(1) Subject to long distance charges when outside your local calling area. (2) Includes international text messages. Excludes premium messages. (3) Unlimited local calling from 7pm to 8am, Monday through Thursday and from 7pm Friday to 8am Monday. (4) Taxes are extra. Mobile phone not included in plan.

www.pontiacclearout.com

LAST CHANCE PRICING

WIN A DISNEY GETAWAY

OVER 100 TO CHOOSE FROM

2009 Pontiac G3 Sedan
sunroof, A/C, automatic

MSRP $19,710
$16,499
P90098
$99 PAYMENTS ZERO DOWN

FINANCING FROM **0%**

2009 Pontiac G5 GT Coupe
A/C, sunroof, bluetooth

MSRP $25,500
$18,888
P90853
$127 PAYMENTS ZERO DOWN

2009 YEAR-END MODEL CLEAROUT

up to **30% OFF** ON REMAINING '09 MODELS*

$1000 BONUS IF YOU CURRENTLY OWN A GM VEHICLE

CASH FOR CLUNKERS UP TO $3000 WHEN YOU RECYCLE YOUR VEHICLE

SATISFACTION GUARANTEED 60 DAYS RETURN POLICY

2009 Chevy Cobalt Sedan — 17 TO CHOOSE FROM

C91128
MSRP $16,995
$13,888
$89 PAYMENTS ZERO DOWN

2009 Chevy Cobalt Coupe — 14 TO CHOOSE FROM

C91127
MSRP $16,995
$13,888
$89 PAYMENTS ZERO DOWN

2009 Chevrolet HHR — 8 TO CHOOSE FROM

C90315
MSRP $23,485
$18,888
$126 PAYMENTS ZERO DOWN

2009 Chevy Malibu — 14 TO CHOOSE FROM

C90786
MSRP $26,216
$22,888
$149 PAYMENTS ZERO DOWN

2009 Chevy Silverado Crew — 16 TO CHOOSE FROM

C91042
MSRP $40,815
$31,888
$209 PAYMENTS ZERO DOWN

2009 Chevy Avalanche — ONLY 2 REMAIN

C90137
MSRP $40,190
$36,888
$244 PAYMENTS ZERO DOWN

2009 GMC ENVOY — DEMO

P90969
MSRP $56,535
$46,525
$309 PAYMENTS ZERO DOWN

2009 Buick Enclave — 4 TO CHOOSE FROM

P90949
MSRP $53,681
$46,888
$309 PAYMENTS ZERO DOWN

payments based on 84 month 5.79% biweekly payments, O.A.C, fees and GST extra, errors and omissions exempt

Calgary's GM Choice

CMP GM
CHEVROLET PONTIAC BUICK GMC Cadillac

403-207-2457
cmpauto.com

CHEVROLET PONTIAC BUICK GMC Cadillac CMP GM

CORNER OF 16TH AVE & 36 ST. N.E. MONDAY - THURSDAY 8AM-9PM FRIDAY 8AM-6PM SATURDAY 9AM-6PM

AMVIC LICENSED

Photos show Maria Shriver violating her husband's state law

TMZ.com posted two photos showing Maria Shriver holding a cellphone behind the wheel, a violation of a California law signed by her husband, Gov. Arnold Schwarzenegger. On his Twitter feed, Schwarzenegger wrote to TMZ founder Harvey Levin: "Thanks for bringing her violations to my attention. There's going to be swift action." THE ASSOCIATED PRESS

World

Artist poses gnomes in Nazi stance

A German artist is posing 1,250 garden gnomes (pictured) with their arms outstretched in the stiff-armed Hitler salute in an installation that he calls a protest of lingering fascist tendencies in German society. Artist Ottmar Hoerl posed the gnomes in the historic central marketplace in the town of Straubing yesterday. The exhibit called "dance with the devil" is to run through Oct. 19. THE ASSOCIATED PRESS

Mussolini was a double agent: Historian

ITALY A historian says Italian Benito Mussolini was well paid as a British agent during World War I.

Mussolini

The Guardian newspaper reported yesterday that Peter Martland of Cambridge University discovered that Mussolini was paid 100 pounds a week by Britain in 1917 — equal to about $10,000 today.

The late Samuel Hoare, in charge of British agents in Rome at that time, revealed in his memoirs 55 years go that Mussolini was a paid agent.

Martland found more details in Hoare's papers, including that Mussolini also sent Italian army veterans to beat up peace protesters in Milan, a dry run for his fascist blackshirt units.

"The last thing Britain wanted were pro-peace strikes bringing the factories in Milan to a halt.

"It was a lot of money to pay a man who was a journalist at the time, but compared to the four million pounds Britain was spending on the war every day, it was petty cash," The Guardian quoted Martland as saying. THE ASSOCIATED PRESS

Birther leader fined

U.S. judge dings leader of group that questions Obama's citizenship $20,000

A Georgia federal judge fined a leader of the movement challenging U.S. President Barack Obama's citizenship and warned her against using the legal system to pursue "political rhetoric and insults."

U.S. District Judge Clay D. Land's scathing 43-page order yesterday said California lawyer and dentist Orly Taitz filed "frivolous" litigation and attempted to misuse the federal courts to push a political agenda.

Taitz, a leader of the so-called birther movement, sued on behalf of Army Capt. Connie Rhodes, who sought to avoid deployment to Iraq by claiming Obama wasn't born in the U.S. and that he was "an illegal usurper, unlawful pretender and unqualified impostor." Documents show the president was born in Hawaii.

Land had already dismissed the lawsuit, but Taitz continued filing motions. He said he fined her $20,000 "as a deterrent to prevent future misconduct and to protect the integrity of the court."

"The absolute absence of any legitimate legal argument, combined with the political diatribe in her motions, demonstrates that Ms. Taitz's purpose is to advance a political agenda," Land wrote. THE ASSOCIATED PRESS

m.metronews.ca

Scan this barcode for more World news on your smartphone.
Learn how to scan the barcode with the instructions at the top of pg 3

New photo shows 'happy' Dugard

CALIFORNIA The first photo of Jaycee Dugard since she was reunited with her family after 18 years in captivity shows a smiling woman with long, light brown hair.

Dugard, now 29, told People magazine she's "so happy to be back with my family" after being reunited Aug. 27.

Dugard is living with her mother and two daughters — Angel, 15, and Starlit, 11 — fathered by her alleged kidnapper, Phillip Garrido.

Authorities say Dugard and her daughters lived in a hidden encampment of sheds and tents in Garrido's backyard. Garrido and his wife, Nancy, have been charged with kidnapping and rape in Dugard's 1991 disappearance outside her home.

Dugard appears on the cover of the latest People magazine.

The Garridos have pleaded not guilty.

Family spokeswoman Erika Schulte told NBC's Today show yesterday that Dugard decided to release photos to People magazine as a way to "share her joy with the world" and show how well she's doing.

Schulte said Dugard has formed a very close bond with her sister, Shayna, who was just a baby when Dugard was kidnapped. THE ASSOCIATED PRESS

South Korea **The big day**

LEE JIN-MAN/THE ASSOCIATED PRESS

Chen Chun Bang and bride Maiko Oya arrive for their wedding by the Rev. Sun Myung Moon's Unification Church south of Seoul yesterday. The couple was among 45,000 people worldwide who took part in the mass wedding.

News in brief

VIOLENCE Iraq's government said at least 85,000 Iraqis were killed from 2004 to 2008, officially answering one of the biggest questions of the conflict — how many perished in the sectarian violence that nearly led to a civil war. What remains unanswered is how many died in the 2003 U.S. invasion and in the months of chaos that followed it.

FRANCE The head of France's Muslim council said yesterday that the full-body veil worn by a minority of Muslims in France is an "entry way" to radical Islam, but that a national debate over whether to ban the garment in public is stigmatizing the entire Muslim community. THE ASSOCIATED PRESS

BIBLE CONFERENCE
WITH GUEST SPEAKERS
JOHN FEAKES AND JOHN PLANTZ
OCTOBER 16, 17 AND 18, 2009
TOPICS OF INTEREST INCLUDE:
IS IT RATIONAL TO BELIEVE IN A PERSONAL GOD?
FRIDAY, OCTOBER 16, 7:15 PM
EVOLUTION OR CREATION: WHERE DOES THE EVIDENCE POINT?
FRIDAY, OCTOBER 16, 8:15 PM
IS THE BIBLE RELIABLE HISTORY?
SATURDAY, OCTOBER 17, 10:30AM
IS CHRISTIANITY NARROW AND INTOLERANT?
SATURDAY, OCTOBER 17, 11:30 AM
IF GOD EXISTS, WHY IS THERE SO MUCH EVIL AND HUMAN SUFFERING?
SUNDAY, OCTOBER 18, 11:30 AM
GOOD NEWS BIBLE CHAPEL
MEETING AT
739 20 AVENUE NW
CALGARY, ALBERTA
PHONE (403) 619-2816
goodnewsbiblechapel.org

Clearwater
Lobster, Scallops, Crab Legs, Oysters, Mussels, Salmon, and so much more... delivered direct to your door!
www.clearwater.ca 1-877-567-1117

LIQUOR DEPOT
Liquor Depot Presents
ROCKY MOUNTAIN wine & food festival
Visit us at the
Oct 15, 16, 17
Stampede Parks, BMO Centre

Suddenly you could be the one in need of blood.
Wouldn't you hope someone was donating for you?
Call 1 888 2 DONATE ext. 222 to book your appointment today.
Your donation could save up to 3 lives.
Canadian Blood Services
it's in you to give
For more information visit www.blood.ca/give
BLOOD.CA WWW.BLOOD.
1 888 2 DONATE

CALGARY
Publisher, Steve Shrout
Managing Editor, Darren Krause
Distribution Manager, Dave Mak

METRO CANADA
Group Publisher, Bill McDonald
Editor-in-Chief, Dianne Rinehart
Assoc Managing Editor, Tarin Elbert
Enter/Lifestyle Editor, Dean Lisk
Asst Managing Editor, Amber Shortt
Art Director, Laila Hakim
National Sales Director, Peter Bartrem
Interactive/Mrktng Director, Jodi Brown

Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA
METRO CANADA: TORONTO | OTTAWA | MONTREAL | HALIFAX | EDMONTON | CALGARY | VANCOUVER

Comment

Cuddle up at the movies

Relating

Steve Collins

metronews.ca/collins

The critics have not been at all kind to Couples Retreat (The Globe and Mail warns, "Couples, Retreat") but the romantic comedy led at the box office last weekend with $35.3 million.

Date movies, like family movies, aren't designed to have particular appeal to anyone in particular, but to be tolerable compromise entertainment for everybody.

They should be earthy enough to make him laugh, yet not so crude as to put her off her popcorn. The audience isn't too picky. The point of the exercise is to go to a movie together. As long as you both aren't rolling your eyes at the same scenes, the date movie can be considered a success.

These productions aren't my usual thing, especially when quality cinema like Zombieland beckons, but I care about our relationship, dearest reader. I saw it for you. I want this to work out.

I also care enough about my beloved not to subject her to date movies, so I went alone. Weirdly, I wasn't the only single there. There probably isn't much need to recount the plot. The movie stars Vince Vaughn, Jon Favreau, who is looking uncannily like Tony Soprano, and some Kristins. Four couples find themselves stuck in a tropical resort where they're forced into relationship therapy.

On the web

- For more views on relating, go to Love Bytes at metronews.ca/blogs

A movie talking about relationships could be seen as a bit of a horror movie for guys, so it's laced with what are clearly intended as dude moments: Penis jokes, girls in bikinis, some sharks and a totally bitchin' Guitar Hero showdown. The big message?

Don't take each other for granted. Cheating is wrong.

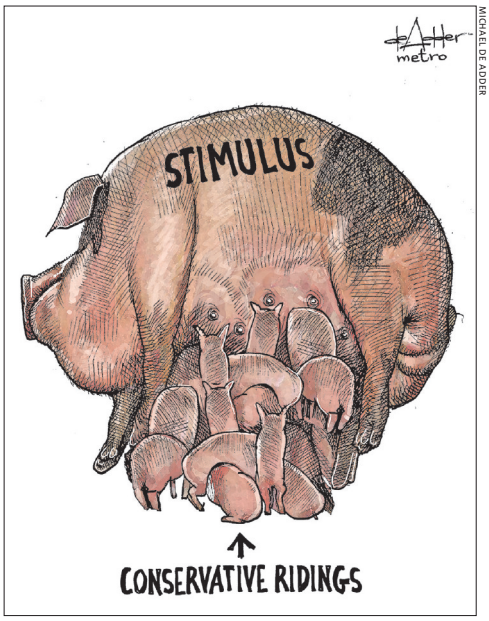
Weirdly, on the press junkets for the movie, Vaughn slipped this bit into an interview: "The only expert thing I know about a relationship is that I don't know anything. I think every time I think I know something, obviously you then learn that you don't know anything, but I do know this to be true: I know that men marry women hoping that they will not change, and women marry men hoping that they will change, and inevitably everyone is disappointed."

Should have put that one in the movie, Vince.

Instead, and I hope I'm not spoiling anything, the couples, after much upset, remember why they fell in love with each other in the first place, and there's a Wizard of Oz wrap-up ending where they find out they had it in them all along.

Date movies, eh?

Steve Collins offers his best guesses on relationships for Metro every two weeks.



MICHAEL DE ADDER

Views

Healing through truth, reconciliation

Mardi Tindal

I met Desmond Tutu in 1990 when interviewing him about the dismantling of apartheid in South Africa. Like most Canadians I was well aware of apartheid and greatly admired Tutu's personal risk-taking in the cause of liberation for South Africans.

My admiration grew even deeper five years later as he began chairing the South African Truth and Reconciliation Commission. He opened the heart of a whole nation to truth-telling about all that had diminished them, destroyed trust and prevented them from being all that they could be as "rainbow people of God."

While aware of the shameful past of South African apartheid, most Canadians were far less aware about our own societal sins regarding our history of aboriginal residential schools. These schools, created by the government of Canada to assimilate native children into white culture, and run by the churches, led to untold suffering and cultural loss. Children endured long separations from their parents and were unable to speak their own language. Too many also experienced physical and sexual abuse.

Since 2003, the United Church of Canada has worked with other churches and aboriginal and survivor groups to promote a national truth-telling and healing process. Over the next five years, we as Canadians will all have the opportunity to participate in a Truth and Reconciliation Commission through national and community events, as well as commemoration activities.

FocusOn FirstNations

Today, with survivors, aboriginal, church and government leaders, I will join Gov. Gen. Michaëlle Jean to mark a renewed effort in our own truth-telling and healing process.

Acknowledging wrongdoing is the first step on the road of repentance. At the United Church, we have worked hard to become informed and responsive to the harmful impact of the residential schools on Aboriginal Peoples and their cultures. We have apologized to former residential school students, their families and communities. But there is much more listening and, we trust, healing ahead of us.

Today, all Canadians are being given the opportunity to come to terms with our own national shame — and with the promise of healing.

As Desmond Tutu did for South Africans, Aboriginal Peoples' leaders here in Canada are helping us to face the pain with promise; and to move through anger and apology to shared hope. They invite us to listen deeply to all the stories of this land.

Mardi Tindal is the 40th moderator of the United Church of Canada.

Worth mentioning

Ice-free Arctic summers on the horizon: Explorers

The North Pole will turn into an open sea during summer within a decade, according to data released yesterday by a team of explorers who trekked through the Arctic for three months

20 Prof. Peter Wadhams said the Catlin Arctic Survey data supports the new consensus that the Arctic will be ice-free in summer within 20 years, and much of the decrease will happen within 10 years.

The Catlin Arctic Survey team, led by explorer Pen Hadow, measured the thickness of the ice as it sledged and hiked through the northern part of the Beaufort Sea in the North Pole earlier this year.

Their findings show that most of the ice in the region is first-year ice that is only around 1.8 metres (six feet) deep and will melt next summer. The region has traditionally contained, thicker multiyear ice that does not melt as rapidly.

"With a larger part of the region now with first-year ice, it is clearly more vulnerable," said Prof. Peter Wadhams, part of the Polar Ocean Physics Group at the University of Cambridge, which analyzed the data. "The area is now more likely to become open water each summer, bringing forward the potential date when the summer sea ice will be completely gone."

THE ASSOCIATED PRESS

We Know What You're Thinking

31% The number of Canadian workers who feel guilty about taking time off from work.

IPSOS REID

Tell us your views by email to calgaryletters@metronews.ca or comment on metronews.ca or on Twitter @metrocalgary
Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

METRO Calgary 3030 – 3 Avenue NE, Suite 120, Calgary, AB T2A 6T7, Tel: 403-444-0136; Fax: 403-539-4940; Advertising: adinfocalgary@metronews.ca; calgary_distribution@metronews.ca; News: darren.krause@metronews.ca

Mattel, Fisher Price plan giant payout over lead in toys
Mattel and Fisher Price have agreed to reimburse consumers for Chinese toys found to contain high levels of lead. The proposed class action settlement, filed in Los Angeles, could total more than $50 million. Mattel said this resolves "virtually all" U.S. claims. THE ASSOCIATED PRESS

Business

DOLLAR	GAS	OIL	TSX
US 97.48¢	US $4.43	US $75.18	11,532.78
US 1.00¢	US 15.2¢	US $1.03	119.24

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Border boom in sight

The loonie edged closer to parity yesterday, stoking Canadian retailers' fears that their recent sales gains will soon be fleeing south of the border.

Bank of Montreal economist Douglas Porter says there is already anecdotal evidence that cross-border shopping — a victim of the recession and the loonie's tumble earlier this year — may be reviving.

"The chatter I'm hearing is there were big lineups at the border to get back into Canada on Monday night," he said.

Porter recently compiled a comparison of prices between Canada and the U.S.

The price gap that had been as high as 20 per cent in the summer of 2008, was down to 6.8 per cent a year later.

The comparison of 18 goods was taken at the end of July when the Canadian dollar was valued at about 92 cents US. But the loonie traded as high as 97.53 cents US yesterday.

"There were big lineups at the border to get back into Canada."
Douglas Porter, guessing cross-border shopping is back

Porter said that would make his basket of goods in Canada about 12 per cent more expensive than in the U.S., a gap he believes will convince shoppers the trip south is worth the expense and inconvenience.

THE CANADIAN PRESS

Chicago Sears lays it on in the Windy City

JOHN J. KIM/CHICAGO TRIBUNE/MCT/THE ASSOCIATED PRESS

Passerby Stephanie Hewitt looks at the Sears website on a computer-equipped Segway as Sears hit Michigan Avenue in Chicago to give potential shoppers a firsthand demonstration of the company's online layaway program. Sears launched online layaway on Oct. 9.

August a rough month for new vehicle sales

AUOMOTIVE New motor vehicle sales fell 0.3 per cent to 126,401 in August.

Statistics Canada blames a slide in passenger-car sales for the decline.

Sales of new motor vehicles have generally been rising since the start of the year, following a sharp decline at the end of 2008.

August sales were 6.6 per cent lower than a year previous. Preliminary data indicate the number of new vehicles sold was relatively unchanged in September.

THE CANADIAN PRESS

m.metronews.ca

Scan this barcode for more Business news on your smartphone.
Learn how to scan the barcode with the instructions at the top of pg 3

Pepsi promises to help men 'score'

ADVERTISING PepsiCo is facing criticism for an iPhone application that promises to help men "score" with two dozen stereotypes of women by giving pickup lines and a scoreboard to keep track of conquests.

The company is using the slogan "Amp up before you score" to market its Amp energy drink.

But PepsiCo is sticking by the app.

Spokesperson Nicole Bradley said the application is available only to people 17 and older who "choose to opt in to the experience."

"We'll continue to monitor the feedback from all parties."

THE CANADIAN PRESS

BECOME A PERMANENT RESIDENT
Attention: Foreign Workers, Students & Residents wishing to sponsor family
Ann Arbour Consultants Inc.
(Certified Immigration Consultant License # M042390)
Don't lose your chance. Call us now to discuss your options
1.877.612.1222
www.annarbour.com

EXTENDED
CANADA OLYMPIC PARK
earlybird SALE
BUY NOW AND SAVE UP TO 20% ON YOUR 09/10 WINTER SEASON PASS
403.247.5452 | www.winsportcanada.ca

Apartment Finder
To advertise contact Warren Smith at 403-539-4948

realstar management
RENT NOW FOR YOUR $300 INCENTIVE
CALGARY PLACE APTS. 609 8TH STREET
1 & 2 bdrm suites, Gym, games room, 1 block to LRT, Utilities included, Close to all amenities & On site management
1-877-570-7025
www.calgaryplace.com
ROYAL VIEW APTS. 1320 16TH AVE. SW
Live in the Trendy Beltline, 1 & 2 bdrm suites, Gym, sundeck, 1 block to 17th Ave., Utilities included & On site management
1-877-572-1835
www.royalviewapts.com
GLENMORE HEIGHTS 620 67TH AVE. SW
1 & 2 bdrm suites, Gym, social room w/ full kitchen & library area, 1 blk to Chinook Center, Utilities included & On site management
1-877-617-9803
glenmoreheights.com
GLENMORE GARDENS 2105 90TH AVE SW
1 & 2 bdrm suites & T/H social room w/ full kitchen & sitting area, Indoor pool & sauna, Close to all amenities & On site management
1-877-584-2285
glenmoregardens.com

924 7TH AVENUE SW
CALGARY, AB
403•262•5855
One Bedrooms from $870
Two Bedrooms from $1080
1 MONTH'S FREE RENT
• LRT at your front door, bus stop at the building
• Shopping, Cafes and restaurants just steps away
• Many local parks nearby
• Affordable and comfortable, friendly professional staff
• Close to The Science Centre and Prince's Island

LAKEVIEWMEWS
Brand New Condo Style Suites!
1 & 2 bedroom suites • In-suite laundry • Smoke free Building • Modern décor • Minutes to Glenmore Park • Prof. On-site Staff • Wheelchair accessible suite
Come and visit our show suite! 2528 66th Ave SW
403-242-6414 • lakeviewmews.com

REACH for your VENTURE
OVER $150,000 IN PRIZES.
Let TEC Edmonton connect you.
Learn how to write a business plan by attending this MBA-style seminar series led by the University of Alberta's School of Business.
Seminars delivered across Alberta via video-conference.
For more information or to register:
www.ventureprize.com
TEC VenturePrize
PARTNERS
PLATINUM SPONSORS
GOLD SPONSORS
SILVER SPONSORS

Bombardier lands $383M contract

Bombardier Transportation said yesterday it has won a $383-million US contract to provide 100 electric locomotives to Italy's Trenitalia. The contract adds to previously received orders from Trenitalia for a total of 638 locomotives. THE CANADIAN PRESS

Gallic Energy plans Oklahoma oilfield acquisition

ENERGY Gallic Energy Ltd. plans to acquire a 75 per cent working interest in the East Cushing and Cottonwood oilfields near Tulsa, Okla. and issue shares to provide capital for developing the fields, the company said yesterday.

Under a letter of intent signed by Gallic, the Calgary-based junior energy company would acquire the working interest in the properties from Energy Invest Group Ltd., a private company based in the United Kingdom. Gallic said it would issue 11 million of its class A common shares, currently worth 15 cents each or $1.65 million, in total to Energy Invest.

THE CANADIAN PRESS

Biomass subsidy called threat

Canada's battered forest industry faces a new threat on the horizon that could kill thousands of jobs as reports suggest the United States is looking to bolster its biomass subsidy, says the Forest Products Association of Canada.

Association president Avrim Lazar says U.S. producers would gain a new competitive advantage unless Ottawa develops a national strategy and provides substantial funding to harness the country's potential to become a bioenergy superpower.

"If the U.S. and European government subsidize the movement of their industries in that direction, we're going to lose tens of thousands of jobs and we're going to lose a huge opportunity," he said in an interview.

Left unmatched, an expanded U.S. program will lead to mill closures, Lazar added. The Canadian industry has lost tens of thousands of jobs in recent years as the global recession has wiped out demand for lumber, pulp and paper.

The U.S. biomass crop assistance program, included in a 2008 farm bill, is designed to support the shift from fossil fuels to renewable energy. It is expected to provide about $25 million US in subsidies this year.

THE CANADIAN PRESS

Business in brief

CRUDE Oil prices yesterday soared to new highs for the year because of a weak dollar and the upcoming holiday shopping season that could bring more traffic to U.S. roads. Benchmark crude for November delivery added 78 cents to $74.93 US on the New York Mercantile Exchange. Prices jumped as high as $75.40 a barrel earlier in the day.

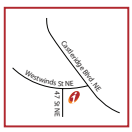
THE ASSOCIATED PRESS

Put your savings in the right direction

- High interest on Tax-Free Savings Account & GICs
- No monthly fees
- No taxes

Tax-Free GIC's					
Term	1 Year	2 Years	3 Years	4 Years	5 Years
Rate	1.20%	1.70%	2.40%	2.60%	3.10%

Calgary Branch Address:
145-4851 Westwinds Dr. NE
403-293-0179 x 222



icicibank.ca
1-888-424-2422

Tax-Free Savings Account | ICICI Bank

Tax-Free Savings Account Terms and Conditions apply. Rates are as of September 22, 2009. Interest rates are expressed on a per annum basis and are subject to change any time without notice. Interest on the Tax-Free Savings Account is calculated daily and paid monthly. Interest on Tax-Free GICs is compounded annually and paid at the end of the term. You will not pay income tax on any interest amount earned up to your contribution limit. Contributions in excess of your annual contribution limit will be subject to penalty tax. A transfer-out fee of CAD 25.00 will apply for transferring funds to other financial institutions. Any withdrawals made from your account will be added to your contribution room for the next calendar year. The ICICI Bank name and logo are trademarks of ICICI Bank Limited and used under license.

Service Directory
To advertise contact Blaine Schlechter at 403-444-0136

PSYCHIC

STAPHA—AFRICAN PSYCHIC
Reuniting Loved Ones • Stopping Divorce
Removing Bad Spirits • Success in Business
Healing Protection
RESULTS GUARANTEED
403-802-0367

Mystic Eye Spiritual Readings
47 YEARS EXPERIENCE
100% Guaranteed Results
• Palm • Tarot • Crystal Ball • Energy Readings •
PH: (403) 228-2258
By Appointment Only
Come in today for a better tomorrow
Solve all Problems of Life

THE GREAT OF THE GREAT MEDIUM & SPIRITUAL HEALERS HERITED TO GENERATION RENOWNED INTERNATIONAL
Are you searching for solutions to your problems? It's never too late to find answer. Madia has 26 years experience as a spiritual healer reuniting loved ones, maintaining harmony in coupled, preventing separation, improving business success, protecting against negativity and evil spells. 100 % results Guaranteed in 1 week.
100% RESULTS GUARANTEED IN 1 WEEK
CALL MADIA AT 403-475-2589 OR 403-305-2129

FINANCIAL

Brokers National 500 loan service
by phone, no credit refused, quick and easy, payable over 3, 6, or 12 installments.
Call toll free:
1-877-776-1660

READ THE LATEST FROM THE WORLD OF JON AND KATE PLUS HATE.
m.metronews.ca

Shear Wind to cede control of company

Shear Wind Inc. says it will issue shares to cede control of the company to Genera Avante Holdings Canada Inc. THE CANADIAN PRESS

Olympic brass seek cut in vehicle traffic

Residents warned of extensive road closures

VANCOUVER 2010 Games

Vancouver's Olympic organizers are warning residents to prepare for "life as unusual" after they unveiled a transportation plan that will see road closures around the city begin as early as mid-January.

Many streets will be hit with no-stopping restrictions for weeks and Olympic lanes giving priority access to athletes, media and public transit vehicles will come into effect in February.

To reduce the chaos, officials are hoping to cut traffic back by 30 per cent in both Vancouver and Whistler, B.C.

"I think that in general, our population wants to see this project ... portrayed in a great light to all of our guests from around the world."
Terry Wright, VANOC

Terry Wright, executive vice-president of services and operations for the Vancouver Organizing Committee, said he's confident residents and business owners will band together to make the plan a success.

"All of the feedback we get in our outreach sessions is, 'Tell us what we need to do for this to be successful,'" he said at a news conference yesterday morning.

"I think that in general, our population wants to see this project, wants to see this city portrayed in a great light to all of our guests from around the world. It's a once-in-a-lifetime opportunity."

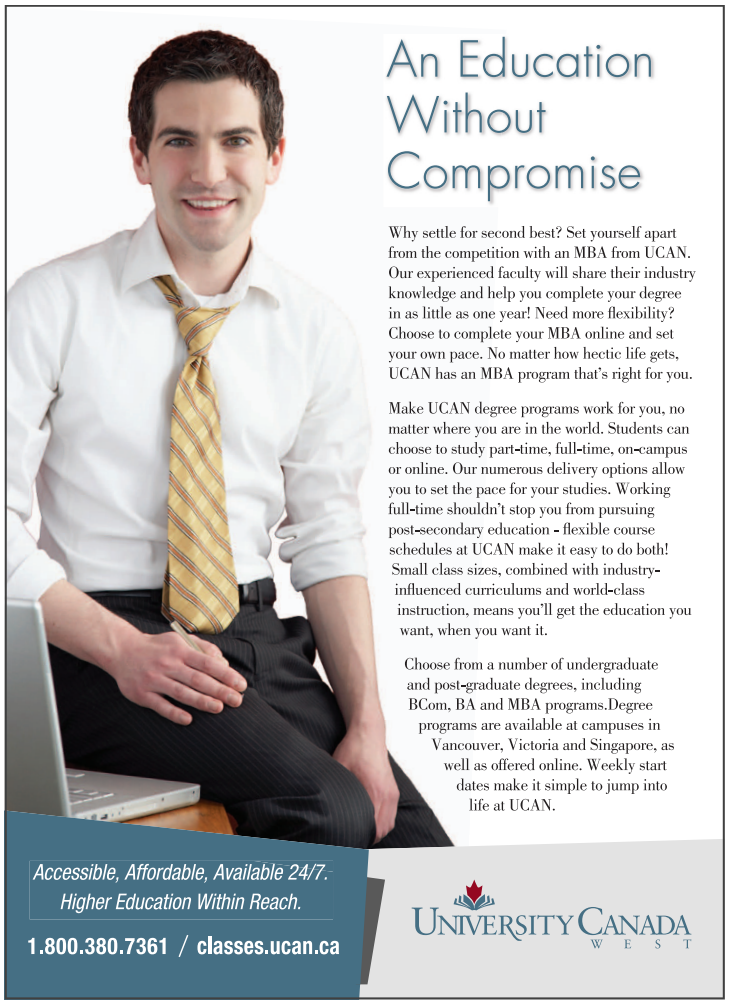
Wright said travellers will be encouraged to make use of the expanded public transit options and will be asked not to travel during peak hours.

THE CANADIAN PRESS

Business in brief

COMPUTERS Intel Corp.'s stock surged yesterday on signs that business is picking up faster than expected, despite a few lingering trouble spots. Intel's net income in the third quarter was $1.9 billion, or 33 cents per share, down from $2 billion, or 35 cents a share, a year ago.

LAYOFFS Labour unions are calling for an island-wide strike and a march near the capital today to protest government layoffs in Puerto Rico, where more than 20,000 public employees have been dismissed. THE ASSOCIATED PRESS



Ballesteros hopes for one more British Open round

Seve Ballesteros says he's hopeful that his health will allow him to play a round at next year's British Open. Ballesteros, who is recovering from brain cancer that has left him partially blinded in his left eye, says playing a round at the event he won three times couldn't be decided yet. THE ASSOCIATED PRESS

Sports

Not leaving Notts

Sven-Goran Eriksson, left, says he is committed to English club Notts County and is not preparing to coach North Korea at the World Cup. North Korea has qualified for the finals for the first time since the 1966 tournament. Notts County also issued a statement dismissing a report that the fourth-tier club's director was set to take on a role with North Korea. THE ASSOCIATED PRESS

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Former Flame finds relief

Tormented former NHL star Fleury tells all in his new autobiography

Theo Fleury suffered silently, alone with his pain until he could take it no more and tried to drink it all away.

When the hurt returned the cycle would repeat, and as the years went on he began to lose more and more control. By the time the former NHL star disappeared from the public eye some five years ago, most fans could only remember the sad and peculiar sideshow he had become, not the tiny-but-dazzling dynamo on the ice he had been for over a decade.

Sober four years and enjoying a stability in his life he never before had, Fleury now wants to set the record straight. His autobiography Playing With Fire, released yesterday, answers many of the questions people had about his at-times maniacal behaviour.

By exposing his demons — most notably the sexual assaults he says he was subjected to by former junior hockey coach Graham James and the substance abuse it led to — the 41-year-old has found relief.

NATHAN DENETTE/THE CANADIAN PRESS

Former NHL star Theoren Fleury poses for a photograph with his new book yesterday in Toronto.

"The only way you can get any kind of recovery in this process is to tell somebody, you've got to get it out there," Fleury said yesterday. "I felt with four years sobriety under my belt that I would be able to handle it and stay strong and get the message out there.

"I wanted people to understand why everything kind of went off the rails towards the end."

Fleury made a spectacular debut with the Calgary Flames in 1989, a five-foot-six bundle of speed and energy pinballing off the big men around him with eye-popping skill and relentless determination.

He helped the Flames win the Stanley Cup that year and went on to record 455 goals and 633 assists in 1,084 games. But he says he was haunted by abuse recounted in his autobiography in cringe-inducing detail. THE CANADIAN PRESS

Sports in brief

NFL Indianapolis Colts kicker Adam Vinatieri will be out four to eight weeks after undergoing arthroscopic right knee surgery to remove a piece of cartilage. The team has signed veteran kicker Matt Stover to replace Vinatieri.

SOCCER A soccer club was permanently banned from the French amateur league yesterday after refusing to play a match against a gay team. Last week, Paris Foot Gay said its members were victims of homophobia when Creteil Bebel, a team of Muslim players, refused to play them this month.

SOCCER Jamaica defender Orane Simpson was fatally stabbed in the violence-wracked Kingston slum where he was raised, police said yesterday.

OLYMPICS Freestyle skier Stephanie St-Pierre from Victoriaville, Que., has opted to sit out this season and the 2010 Olympics because of a series of knee injuries.

METRO NEWS SERVICES

Carries More.
Consumes Less.

The Chevrolet Traverse. Lots of room for eight people – and their stuff. The best highway fuel efficiency among eight passenger crossovers.† Plus the best coverage in Canada – 5 Year/160,000km powertrain component warranty with roadside assistance and courtesy transportation.Δ And if you don't love it, our 60-Day Satisfaction Guarantee lets you bring it back.‡ Put us to the test against anyone. And may the best car win. Visit chevrolet.gm.ca.

Chevrolet Traverse

CHEVROLET
MAY THE BEST CAR WIN.

†Based on Natural Resources Canada's 2009 Fuel Consumption Guide. Your actual fuel consumption may vary. Excludes other GM vehicles. ΔWhichever comes first, see your dealer for details. ‡Return between 30-60 days with less than 4,000km. Vehicle usage fee and other restrictions apply. Take retail delivery by 11/30/09. *Chevrolet is a brand of General Motors of Canada, the Official Vehicle Partner of the Vancouver 2010 Olympic and Paralympic Winter Games. TM© 2009, VANOC. Used under Licence.

vancouver 2010
CHEVROLET
OFFICIAL VEHICLE*

Egypt eyes U-20 attendance mark
Organizers of the Under-20 World Cup in Egypt said yesterday they were set to break the attendance record for the event, but conceded that conscripts from the country's military had helped fill stadiums. The record currently stands at 1.19 million, set in Canada two years ago. THE ASSOCIATED PRESS

Golf **Shriners fundraiser**

DARRIN BUSH/THE ASSOCIATED PRESS

LPGA pro Natalie Gulbis participates in the Pro-Am portion of the Justin Timberlake Shriners Hospitals for Children Open yesterday in Las Vegas. It's the second year of Timberlake's fundraising tournament.

Argentina qualifies with win

Soccer powerhouse survives scare, secures World Cup spot

After months of worry that it would miss the World Cup, Argentina narrowly qualified for next year's tournament.

Mario Bolatti scored amid a goalmouth scramble in the 84th minute, and coach Diego Maradona's Albiceleste beat Uruguay 1-0 last night to earn the fourth and final automatic berth from South America.

Maradona repeatedly used foul language to lash out at his critics at the post-match news conference.

"To those who treated me like garbage, I say we are in World Cup with full honours," he said.

He credited the win to support he received from fans.

"Thanks to my players, today I was confirmed as a coach," he said.

Brazil (9-2-7), Chile (10-5-3) and Paraguay (10-4-3) had earlier clinched the first three berths from South America.

Argentina (8-6-4), which would have missed its first World Cup since 1970 if it had lost, wound up fourth with 28 points and will go to the tournament for the 10th straight time.

Uruguay (6-6-6) finished fifth with 24 and will meet Costa Rica or Honduras in a home-and-home playoff next month for another berth.

Argentina scored just after Uruguay defender Martin Caceres tripped Juan Sebastian Veron just outside the penalty area and was ejected for his second yellow card. THE ASSOCIATED PRESS

Sports in brief

MONCTON For one game, anyway, the Toronto Argonauts will call Moncton, N.B., home. Two CFL sources told The Canadian Press yesterday that the Argos will be the home team for a regular-season game that will be played in New Brunswick next season.

WRESTLING Captain Lou Albano, who became one of the most recognized professional wrestlers of the 1980s after appearing in Cyndi Lauper's Girls Just Want to Have Fun music video, died yesterday. He was 76.

METRO NEWS SERVICES

ACCESS LEGAL RESEARCH INC.
• CRIMINAL PARDON /U.S. WAIVER
• 24 HR CRIMINAL RECORD CHECK
• FINGERPRINTING
• LOW COST NO FAULT DIVORCE
• SMALL CLAIMS COURT TO 25K
CALL 403-228-2469

BVI BOW VALLEY INSURANCE
"Serving Albertans since 1979"
For all your insurance needs!
• Automobile • Home/Condo/Tenants
• Rental Property • Recreational vehicles
• Travel & medical • Trailers
• Motorhomes • Home Based Business
• Commercial Auto • Commercial Property
Why Choose Bow Valley Insurance?
■ We represent over 15 insurance companies
■ We shop the insurance rates for you
■ We offer very competitive prices
■ We are a Calgary based, family owned company in business for over 30 years
■ We have over 50 experienced, knowledgeable staff
■ We assign an account manager to you who is familiar with all your insurance needs
Call to get a quote and your name will be entered to win a weekend vacation package at the Rimrock Resort in Banff
Phone: 403 520 5300
www.bvinsurance.ca | info@bvinsurance.ca

BUY ONE, GET ONE 50% OFF
Mix and Match Sport Nutrition Brands*
Choose from over 30 superior brands!
Never seen before — Buy any one product from over 30 cutting-edge sports brands and get a second at 50% off*.
Yes, you CAN Mix & Match... EVEN between brands!
And Gold Card members get an ADDITIONAL 20% OFF too!
Start saving today! Participating brands include —
ADS • Advanced Genetics • All American EFX • Amino Vital • Bio-X
Cellucor • CMI • Con-Cret • Cygen • Cytogenics • Cytosport • EAS
Gaspari Nutrition • GNC Amp • GNC Pro Performance • Infinite Labs
Isatori • Kaizen • MHP • MRI • Muscle Asylum Project • MusclePharm
MuscleTech • Nutrabolics • Nutrex • NxLabs • Optimum Nutrition
Precision • PVL • Rivalus • Starchem Labs • Strive • Thermolife
Ultimate Nutrition • VPX
But only for a limited time!*
GNC LiveWell.
Visit GNC.CA for the location nearest you
*Offer effective September 1 until October 26, 2009. Discount taken on second item of equal or lesser value. See sales associate for complete list of participating brands. Restrictions apply. See stores for complete details.

Farrell says no to Indians

Cross Boston pitching coach John Farrell off Cleveland's managerial wish list. Farrell tells The Plain Dealer for a story on its website that it was an honour to be considered for the job but he feels he has to fulfil his commitment to the Red Sox. METRO NEWS SERVICES

'We came back here to win'

Phillies hope to emerge as dominant team in NLCS rematch

MLB PLAYOFFS

Phillies at Dodgers

The Phillies and Dodgers are back in the National League championship series for the second straight year, making them the closest thing the NL has to a couple of dominant teams.

JAE C. HONG/THE ASSOCIATED PRESS

Workers paint a logo on the field at Dodger Stadium in preparation for tonight's series opener. The Dodgers play host to the Philadelphia Phillies in the National League championship series.

They are the first repeat teams since Houston and St. Louis squared off in 2004 and '05, and only the third repeaters since Atlanta and Pittsburgh met in 1991 and '92.

"I heard Joe Torre say the beauty of it is always going back and seeing how many times you can win," Phillies manager Charlie Manuel said yesterday of his Los Angeles counterpart.

"Believe me, we came back here to win. I have more determination probably than I had last year, and I mean that from the fact that that's how much I want it, and I think I know how much our players want it."

A year ago, the Phillies took a 2-0 lead at home and went on to beat the Dodgers in five games in the NLCS before defeating Tampa Bay to win the World Series.

Now, they're trying to become the first repeat World Series winners since Torre's Yankees did so from 1998-2000. THE ASSOCIATED PRESS

Familiar faces: Teixeira, Abreu face former teams

MLB PLAYOFFS

Angels at Yankees

BASEBALL Mark Teixeira and Bobby Abreu have plenty in common. Smooth swings, sharp eyes, opposite-field power.

And something else now, too.

As the New York Yankees and Los Angeles Angels prepare to meet for the American League pennant, both sluggers can easily recall what life was like in the other dugout.

"That team over there, just like us, expects to win every game they play," said Teixeira, who left Los Angeles last off-season for a free-agent contract with the Yankees. "They're so professional. They do everything right. They're meticulous."

And better than ever, perhaps, with Abreu in the lineup.

"It's going to be something. Very interesting," said Abreu, who spent 2½ seasons in New York. "I was there, and it gives you a lot of emotions, but right now I represent the Angels."

The Angels are 73-63 against the Yankees since 1996, when New York began a run of four championships in five years. That makes Los Angeles the only AL club to have a winning record against the Yankees during that span, according to STATS LLC.

The Angels also eliminated the Yankees from the post-season twice, winning division series matchups in 2002 and 2005. THE ASSOCIATED PRESS

CANADA OLYMPIC PARK
early bird
SALE

For a limited time only purchase your 09/10 winter season pass now and
SAVE UP TO 20%

winter ALPINE
Family $ 929
Adult (18-64) $ 439
Student/Youth (13-24) $ 339
Junior (5-12) $ 249
Senior (65+) $ 239

cross-COUNTRY
Family $ 249
Individual $ 129

HURRY SALE ENDS SUNDAY!

CANADA OLYMPIC PARK
winSPORT CANADA

403.247.5452
www.winsportcanada.ca

Sports in brief

UMPIRES Tim McClelland has been picked as the crew chief for the AL championship series, while Randy Marsh has been selected as crew chief for the NL championship series between the Los Angeles Dodgers and the Philadelphia Phillies. McClelland will be working his 18th post-season series and ninth LCS. His crew includes Dale Scott, Jerry Layne, Fieldin Culbreth, Laz Diaz and Bill Miller. Marsh will be umpiring his 19th post-season series and ninth LCS. His crew also has Gary Cederstrom, Tom Hallion, Ted Barrett, Bruce Dreckman and Sam Holbrook.

BABY BOY Cole Hamels is going into Game 1 of the National League championship series with a clear head. The Philadelphia left-hander was gone in a hurry after being pinch-hit for in Game 2 of last week's division series against Colorado when his wife went into labour. She gave birth to their first child, a boy. When Hamels was told his wife had gone into labour, he left the ballpark in a police car. METRO NEWS SERVICES

CFL names weekly award winners
Winnipeg Blue Bombers kick returner Jovon Johnson is CFL special teams player of the week award for the second week in a row. Teammate Adarius Bowman took offensive honours; Montreal Alouettes DB Jerald Brown took the defensive award; and Mike McCullough of the Saskatchewan Roughriders is top Canadian. METRO NEWS SERVICES

Getzlaf siblings no rivals

Ryan's older brother Chris emerging as CFL star with Saskatchewan

STEPHEN JOHNSON
for Metro Canada

It wouldn't be surprising if Chris Getzlaf felt a twinge of sibling rivalry. His younger brother Ryan has already won a Stanley Cup, signed a multi-million dollar contract, and appears to be a shoe-in for the Olympic hockey team. But Chris is an outstanding athlete in his own right and does not harbour any jealousy.

Getzlaf is a starting slotback with the Saskatchewan Roughriders. The road to the Canadian Football League was not an easy one for the six-foot, 200-pound University of Regina product.

"Whether it was the high school or professional level, I was never an immediate starter," said Getzlaf. "I have always had to work hard and prove myself to the coaches."

Getzlaf did have an opportunity to start in 2006 with the University of Regina Rams. He played well enough to attract the attention of CFL scouts and was drafted by the Hamilton Tiger-Cats in 2007.

COURTESY SASKATCHEWAN ROUGHRIDERS

Chris Getzlaf, left, is an emerging star in his role as a slotback with the Saskatchewan Roughriders. He's also the older brother of Anaheim Ducks forward Ryan Getzlaf.

After a brief stint with the Ticats, Getzlaf was traded to his hometown Saskatchewan Roughriders. "It was a dream come true to return home and play with the Riders. Every young kid in Regina thinks about playing with the Saskatchewan Roughriders."

Even though Getzlaf saw limited playing time with the Roughriders in 2007, he was lucky enough to be a part of a team that won the Grey Cup. He saw more duty in 2008 starting five games with 15 receptions for 244 yards.

So far, the 2009 season has been Getzlaf's most productive. To date, the slotback has caught 28 passes for 346 yards and four touchdowns.

While many players would be content playing for their hometown team and being a starter, Getzlaf has his sights set higher. "I would like to get to the point where the quarterback and coaches want to throw to me in the clutch situations. Eventually, I am hoping to win Canadian player of the year."

When Getzlaf is not playing football, he keeps in close contact with his brother attending hockey games in Anaheim, Calif. He describes their relationship as one of healthy competition.

"Growing up, Ryan and I played sports together on a fairly regular basis," he said. "Even though I'm a couple of years older we even played on the same hockey team.

"I can also say that whenever we got in the normal brother wrestling matches or fights, I was always the victor!"

Sports in brief

CFL TRADE The Toronto Argonauts traded import offensive lineman Cliff Washburn to the Saskatchewan Roughriders yesterday in exchange for a fifth-round pick in the 2010 CFL Canadian draft and a conditional pick in the 2011 draft.

PATRIOTS The New England Patriots have signed linebacker Junior Seau. The 40-year-old Seau is a 12-time Pro Bowler. He is entering his 20th NFL season — 13 with San Diego, three with Miami and four with New England.

F1 Formula One team Williams will have a new engine supplier next season after its contract with Toyota was ended. An extension of the Toyota deal was signed earlier this year, but it was mutually agreed to terminate the deal. Renault and Cosworth are considered the most likely contenders to supply Williams in 2010.

TENNIS Reigning U.S. Open champion Juan Martin del Potro retired from the Shanghai Masters with a wrist injury yesterday. The third-seeded Argentine was trailing Austria's Jurgen Melzer 7-5, 2-1 in his second-round match when he retired with an injury to his right wrist. Del Potro said that he suffered from similar wrist tendinitis earlier in the year at the Miami tournament.

METRO NEWS SERVICES

Rangers double Kings in N.Y.

NHL ROUNDUP At New York, Vinny Prospal scored two goals — including his 200th in the NHL — during first-period power plays as the New York Rangers stretched their winning streak to six games with a 4-2 victory over Los Angeles.

Prospal added an assist on Marian Gaborik's sixth of the season that made it 4-2 at 4:22 of the third. Gaborik has 10 points this season — at least one in all seven games.

Blackhawks 4 Oilers 3 — At Chicago, Patrick Sharp, Kris Versteeg, Jack Skille and Cam Barker scored against former teammate Nikolai Khabibulin to help the Blackhawks beat Edmonton.

Mostly a high-priced disappointment during his four years in Chicago but a standout last season in the Blackhawks' run to the Western Conference finals, Khabibulin made 34. He stopped Sharp on a penalty shot in the second period.

Penguins 3 Hurricanes 2 (SO) — At Raleigh, N.C., Chris Kunitz beat Cam Ward on the 12th shot of a shootout to help Pittsburgh improve to 5-0 on the road for the first time in franchise history.

Evgeni Malkin and Michael Rupp scored in regulation for the Stanley Cup champion Penguins.

Stars 6 Predators 0 — At Dallas, Brenden Morrow scored twice in the opening four minutes of the Stars' four-goal first period, and Marty Turco stopped 29 shots for his 37th career shutout in a 6-0 victory over Nashville.

THE ASSOCIATED PRESS

Career Finder
To advertise contact Metro Calgary at
t: 403-444-0136 or
e: adinfocalgary@metronews.ca

CHRISTI
HAVE FUN MAKING MONEY AS AN ACTOR OR MOVIE EXTRA ON CALGARY FILMS?
CONTACT JAN (403)-521-0077

THE CALGARY MARRIOTT IS HOLDING A JOB FAIR.

Our Banquets Department is looking for 200 professional, energetic and talented individuals to work as bartenders, servers and bussers at a special event in November. Previous serving or bartending experience required.

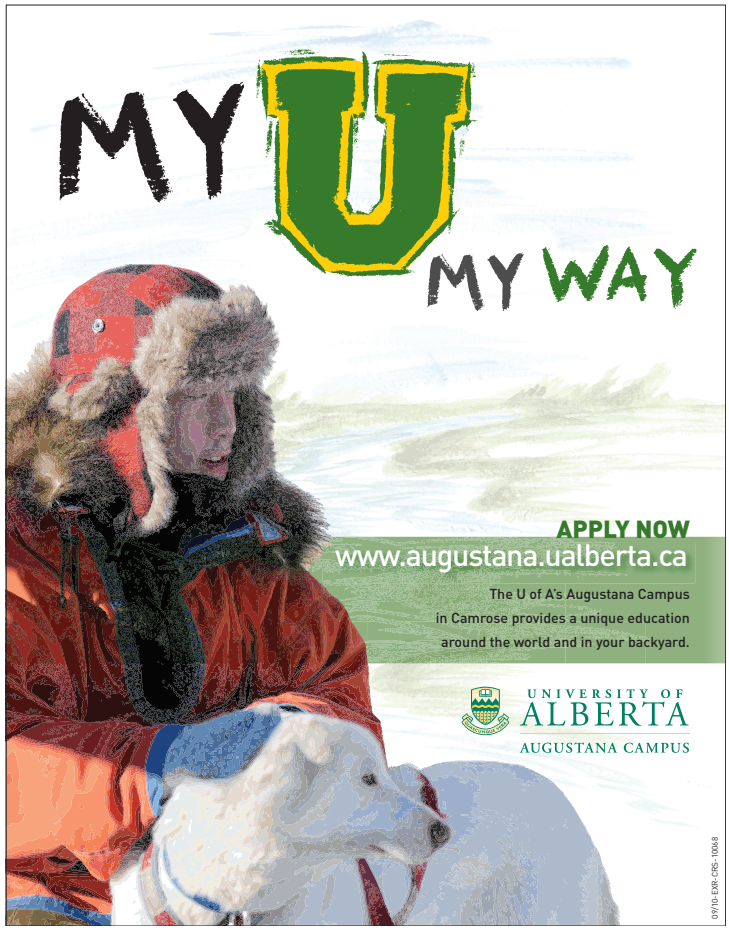
Friday October 16th 11:00 am – 3:00 pm
Saturday October 17th 1:00 pm – 4:00 pm

2nd Floor of the Calgary Marriott Hotel
110 9th Avenue SE
Contact: 403-231-4513

We will be hiring on the spot. Please have your social insurance card, photo id and proof of your eligibility to work in Canada (Canadian Birth Certificate or Immigration Document)

- Must be able to work November 26,27,28,29
- Must be willing to work in a fast paced environment
- Must be available to work evenings and weekends
- Competitive Wages

Marriott CALGARY



18 5-year fixed mortgage rates PROVIDED BY RATESUPERMARKET.CA

BMO	CIBC	HSBC	ICICI	ING	RBC	Scotia	TD	Broker
5.84%	5.84%	5.84%	5.85%	4.34%	5.84%	5.84%	5.84%	.84%

Rates may vary by province; check RateSupermarket.ca for the best rates in your area.

RateSupermarket.ca Canada's rate comparison website

Metro Homes

Time to get spooky

Martha Stewart has created elegant tablescape chandeliers, skulls and skeletons encrusted with colourful glitter, as well as a grinning pumpkin clock, left, and black jack-o'-lanterns stacked in a threesome, available online at GrandinRoad.com.

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

5-year variable mortgage rates PROVIDED BY RATESUPERMARKET.CA

BMO	CIBC	HSBC	ICICI	ING	RBC	Scotia	TD	Broker
2.25%	2.25%	2.50%	3.50%	2.35%	2.25%	2.25%	2.25%	2.20%

It's coffee time **anytime**

Homes in **Style**

EMMA YARDLEY
for Metro Canada

1. The pretty Provencal colours of these French cups compliments the rich creamy foam of a cappuccino perfectly. Pier 1 Imports, $6, pier1.com.

2. Pour water and milk into the Bialetti Mukka Express Electric Cappuccino Maker, add freshly ground coffee, and flip the switch. Five minutes later, Presto! Cappuccino for two! $219.95, williams-sonoma.ca.

3. Packed into a small sleek package, the Bistro Espresso Machine is a water pressure powerhouse (15 bars), which is key to making full-bodied espresso. President's Choice Home, $149.99, pc.ca.

4. An adjustable dial makes it easy to grind the beans just the way you like them — from course to fine to everything in between. Black & Decker Burr Mill, $39.99, Canadian Tire, canadiantire.ca.

5. The Grind & Brew Coffeemaker grinds the exact amount of beans needed for the number of cups you want. Clever, right? President's Choice Home, $129.99, pc.ca.

6. Whip it! The warm milk, that is. The flexible spiral-tipped steel wand of the Bodum Schiuma frother whips milk into a light lather. Home Outfitters, $24.99, homeoutfitters.com.

7. Saltspring Coffee instigated a five-cent fee for every paper cup used. But why get a paper cup when you could grab one of these stainless steel insulated travel mugs instead? Saltspring Coffee, $19.95, saltspringcoffee.com.

8. Modern, simple and chic, the TRIVSEL espresso cup and saucer are shaped from stainless steel. Ikea, $5.99, ikea.ca.

Style At Home Magazine
Read more in the September issue of Style at Home magazine.
ON SALE NOW! *styleathome.com*

CANADA'S styleathome | **Decor**

Lush *blooms*

For the full feature, pick up Style At Home on newsstands now!

Get a fresh twist on holiday decor with four high-impact, low-effort ideas. Written by Seema Persaud, Produced by Elaine Martin of Vintage Gardener
PHOTOGRAPHY BY PAUL CHMIELOWIEC

SIMPLY ROSES
A handcrafted stone mini-urn and various shades of peach roses add up to a dynamic, compact arrangement — a beautiful accent in a powder room or on a night table. **HOW-TO** Cut rose stems to 2" and stick in moist floral foam ball in X pattern. Fill in spaces. Tuck in sheet moss, letting some hang over.

MINI HEDGE
Lush red roses and a simple blue box give this arrangement contemporary appeal. You can use it year-round, as the roses will dry nicely. The rectangular shape is perfect for narrow tables and windowsills. **HOW-TO** Lay presoaked floral foam in the trough. Cut stems of partially opened roses short and insert in foam. Fill in spaces with soaked sheet moss.

MIXED (EVER)GREENS
Brighten your coffee table with this festive arrangement. **HOW-TO** Insert white pine, noble fir, blueberry juniper and seeded eucalyptus branches into a moist square of floral foam in the pot. Fill in gaps with groups of roses and French tulips. Finish with a few pinecone clusters.

Are you Ready to BUY or SELL?

LET ME HELP YOU GET THE RESULTS YOU WANT.
(Paul) Justin Sharma, MBA
www.justinsharma.ca • jsharma@cirrealty.ca
Direct: 403-466-8625 • Office: 403-291-4440
CIR REALTY.

100% FINANCING
5-year 100% financing rate 4.35%, At $300,000 payments $1,430/month
One Alberta regulated lender is still offering 100% financing at discounted mortgage rates.

YMT YOUR MORTGAGE TEAM
TMG
Layne Walters, Your Mortgage Team
Call for pre-approval 403-466-5363
Strong credit & income required. Rates subject to change. O.A.C.E. & O.E.
403.466.5363 • layne@YourMortgageTeam.ca

COME CELEBRATE THE FUTURE OF SAIT
OCTOBER 17, 2009 - STARTING AT 2:00 PM

Join us as we open our campus for an exciting day of FREE activities for all ages.

- Mini-camps such as Science Wizardry and Cooking Bootcamp
- Virtual tour of the new Trades and Technology Complex
- Face painting, balloon artists and other family entertainment
- Swimming, bowling and lots of other fun activities
- Free barbecue dinner
- Trojans Men's Hockey and Men's and Women's Volleyball

And to top off the day with a blast of nostalgia, we've arranged a classic rock concert with a well-known Canadian act at the The Gateway Restaurant & Bar. Tickets: $20 - now on sale at sait.ca.

Free Parking in lot P1 for all event visitors.

Our Fun Festival needs YOU. Contact Felicia.Chapman@sait.ca for more information on this exciting volunteer opportunity.

FOR MORE INFORMATION OR TO PURCHASE CONCERT TICKETS, CONTACT:
SAIT ALUMNI AND DEVELOPMENT
403.774.5070
ALUMNI@SAIT.CA
SAIT.CA

PROMISING FUTURES™
SAIT POLYTECHNIC

Advertising Feature

How To Buy A Home With Zero Down

www.easyzerodown.com

Calgary, AB A new home ownership program allows qualified buyers to buy a home with absolutely no down payment. You may have owned a home before and are presently renting, or maybe you are a first time homebuyer and need a way to break into the housing market but are holding back because you think you require $10,000, $20,000 or even more for a down payment.

Well regardless of your present situation, if you want to get into, or re-enter the housing market without having to make a cash down payment, this new program may be just what you're looking for. Why pay your landlord's mortgage when you can be building your own equity.

Industry insiders have prepared a new special report entitled, **"How to Buy a Home With Zero Down"** which reveals how this new and innovative program can get you into the housing market immediately and with no down payment.

To get your FREE copy today visit www.easyzerodown.com or call 403.875.1122

Presented by Nathan Singh ~ Licensed Realtor in the Province of Alberta
Calgary First Real Estate • 2116-14th Street NW

Great finds at fashion week

In addition to catwalk presentations at Montreal Fashion Week, some 60 businesses will display their work in Le Showroom, where buyers and stylewatchers can get an up-close look at the offerings — including those not featured in runway shows. THE CANADIAN PRESS

Style

4 the luv of text

Are you a texting queen? If so, give your fingers a rest and send a message with sterling silver TXT-ABLS charms by Tec Jewels. They can be used to accessorize jewelry, cellphones, zippers, purses, keychains. The charms, $12.99 each, feature the most commonly used Internet initialisms like LOL, OMG, BFF, BTW and more. Available at tecjewels.com. METRO NEWS SERVICE

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Montreal in springtime

Vivid colours and femininity rule Fashion Week

DINH BÁ

Dinh Bá
Saigon-born Dinh Bá offered up Tokyo inspiration with vivid reds, silvery grey, black and bold, geometric patterns. Take-note details included cascading oversized bows and twisting ruffles.

Andy Thê Anh
Andy Thê Anh was feeling the blues at Montreal's Spring 2010 Fashion Week Tuesday night. "Considered a barbarian colour centuries ago, now it's the most thoughtful of colours," he told Metro after his show of structured, tailored pieces that ranged in hue from icy white to vibrant blue to black.

JANINE FALCON/FOR METRO CANADA

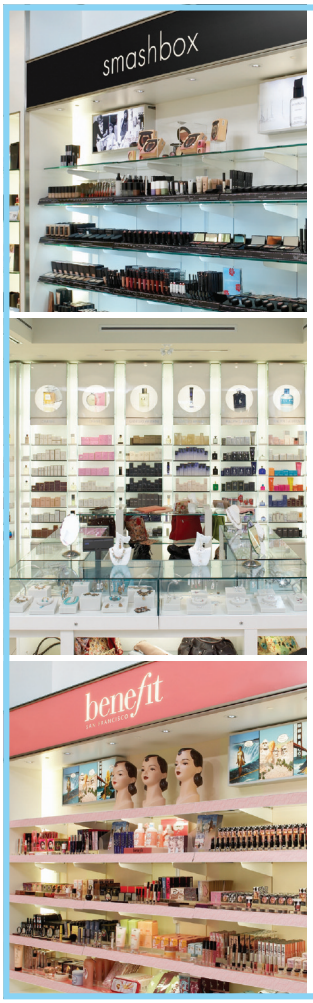
ANDY THÊ ANH

Montreal designer favourite Denis Gagnon shows his collection tonight

Muse
You're not the only one obsessed with Betty-Draper style. Muse designer Christian Chenail celebrated 20 years in the biz with trim-waisted cocktail dresses and swingy skirts with a '50s flair, complete with a smattering of jaunty polka dots. Super-coiffed updos and bright red lips served as beauty punctuation.

JIMMY HAMELIN PHOTOS

MUSE



beauty BOUTIQUE
FIND YOUR BEAUTIFUL

EXPERIENCE OUR NEW
BEAUTY BOUTIQUE IN CALGARY

Welcome to the Beauty Boutique at the South Centre Shopping Centre Shoppers Drug Mart.
Visit our beauty BOUTIQUE and feel free to indulge in some of the world's finest
beauty brands including luxurious cosmetics, fragrances and skin care.
You'll experience an elegant atmosphere that invites you to touch, feel, experiment
and above all - enjoy... because that's the beauty of Shoppers Drug Mart.

pürminerals · bareMinerals · Elizabeth Arden · CLARINS PARIS · LISE WATIER
benefit · smashbox · LANCÔME · GUERLAIN · BIOTHERM

NOW OPEN
South Centre Shopping Centre,
Monday to Friday 8am to 9pm, Saturday 9am to 8pm, Sunday 10am to 5pm

SHOPPERS DRUG MART

ELLE CANADA **ELLE Canada magazine on sale now!**
STYLE CONTENT BY ELLE CANADA, **ellecanada.com**

HIT LIST
INSPIRATION
Best buys under $80

COCOON TOPPER
Acrylic and wool cardigan with shawl collar, Joe Fresh Style ($49, joe.ca)

PYTHON PLATFORM
Faux-leather booties, H&M ($60, hm.com)

ROCK CHIC
PVC slim pants, Only ($79, 1-800-338-4392)

MAD PLAID
Wool pencil skirt,Reitmans ($30, reitmans.ca)

GRAPHIC EXTRAS
Metal bracelet, Winners ($25, winners.ca)

METALIC ACCENTS
Polyester and metal handbag, Chinese Laundry ($40, 1-800-784-4750)

To read these stories and more, visit:
ellecanada.com

ACUPUNCTURE,
A Natural Healing Method
To Relieve your pain, stress, insomnia, fatigue and more... Insurance Covered.
$25 Gift Certificate for First Treatment, Also Consultations are FREE!!!

Dr. Jenny Tao TCMD MD(China)
R. Acupuncturist & R. Massage practitioner with over 20 years experience
CALL: (403) 284-5366
Located: 1343A Northmount Dr. NW
Calgary T2L 0E7

From October 16 to 23, 2009
SAVE ON THE AXCESS COLLECTION AT SEARS!

ON MEN & WOMEN'S CLOTHING
Buy 1, get the 2nd at 50% off*
ON FASHION JEWELLERY AND HANDBAGS
25% off*

*On regular priced merchandise only.
Second item must accompany any returns.

axcess Sears

© 2009 Sears Canada Inc.

Lip-lock can't lift ratings

Hayden Panettiere and Madeline Zima's same-sex lip-lock might have titillated fanboys, but the buzzed-about kiss did not draw in many new Heroes viewers. The NBC superhero drama pulled in 5.6 million viewers, staying flat from the previous week. TVGUIDE.COM

Entertainment

Fox underwear

Megan Fox will replace Victoria Beckham as the new face of Emporio Armani women's underwear line. Starting in January, she will appear in a print and billboard campaign. PEOPLE.COM

EDITOR: DEAN.LISK@METRONEWS.CA

Chantal no Plain Jane

Chantal Kreviazuk

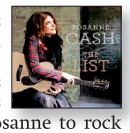
Album: Plain Jane
Label: MapleMusic/Universal
Rating:

CHANTAL KREVIAZUK IS no "plain Jane." She's the wife of Our Lady of Peace singer Raine Maida, the face of Garnier shampoo and a very clever songsmith with the ability to put on a teen-pop voice for a radio friendly single like Invincible. She can also take on a sophisticated adult contemporary pose for the next song, Half of Me, show her jazzy side on the title track, Plain Jane, and reveal a lover's vulnerability on the gushing 5000 Days. As well, the Winnipeg-born singer is still able to give us a gentle remember-those-less-fortunate-than-us nudge with the closing track Na Miso. Kreviazuk's versatility as both a singer and songwriter shines through on this album, perhaps to a fault. A listener could easily get lost with all the directional turns.

Graham Rockingham/for Metro Canada

Rosanne Cash

Album: The List
Label: Manhattan/EMI
Rating:



IT'S THE GIFT that keeps on giving. Concerned that he was losing his daughter Rosanne to rock 'n' roll, Johnny Cash sat down one afternoon in 1973 and drew up a list of "100 essential country songs" to help educate her about her family's musical roots. It took 35 years, but Rosanne finally decided to share this priceless piece of Americana with the world. Some of it, anyway. With the help of husband/producer/guitarist John Leventhal, Rosanne chose a dozen songs from daddy's list and lovingly recorded them for this album. For added impact, she also called in some guest vocalists like Bruce Springsteen (Sea of Heartbreak), Elvis Costello (Heartaches by the Number), Rufus Wainwright (Silver Wings) and Jeff Tweedy (Long Black Veil). The standout here, however, is Rosanne's voice. It never stands in the shadow of these timeless songs. Unfortunately, Rosanne is playing coy with the other 88 titles on her father's list.

Graham Rockingham/for Metro Canada

MusicReviews

music@metronews.ca

Bob Dylan

Album: Christmas In The Heart
Label: Columbia/Sony
Rating:

IT SOUNDS LIKE a big joke: Bob Dylan's raspy voice singing bouncy Christmas songs. But it's not. On Christmas In The Heart the folk legend tackles Here Comes Santa Claus, Winter Wonderland and a host of other Xmas classics. At first this is hilarious, and feels ironic, but the more you listen the less funny it becomes. This is indeed a Christmas record, and not a very good one. His scratchy pipes sound terrible and it's just weird hearing Dylan belt out Do You Hear What I Hear?

Bryan Borzykowski/for Metro Canada

Plain Jane is the new album from Chantal Kreviazuk.

The Flaming Lips

Album: Embryonic
Label: Warner
Rating:

WHILE THE LAST few Flaming Lips albums have been relatively straightforward affairs, fans of the band know that these guys have a healthy experimental side to them. And they're showing it off on this 18-song juggernaut complete with buzzy sounds and spacey instrumentals. Vocals are often hidden behind sounds, but on songs like If, they're still infectious. It's complex, but intriguing.

Bryan Borzykowski/for Metro Canada

Echo&The Bunnymen

Album: The Fountain
Label: MapleMusic/Universal
Rating:

IT'S BEEN ALMOST 30 years since Echo & The Bunnymen released the stellar debut Crocodiles and, amazingly, the band's still at it. The latest is a collection of upbeat tunes. Let's be clear: The tunes aren't nearly as strong as what's on Ocean Rain, but they're still catchy nonetheless. Opener I Think I Need It To, with its driving rhythms and soaring chorus, is an especially good track.

Bryan Borzykowski/for Metro Canada

CA	Vu	SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
10/15/09	267	351 - ACCESS	Alberta Primetime (Live)		(8:01) Private Practice		FlashForward (HDTV) (N)		Fringe "Dream Logic"		Premier
	243	317 3 CFCN	The Vampire Diaries (N)		(8:01) The Mentalist		CSI: Crime Scene Invstgtn.		Grey's Anatomy (N)		CTV News
	-	- 4 OMNI	The Office	The Simpsons	Omni News: S. Asian Edition		Omni News: Cantonese Edition		Two/Half Men	Two/Half Men	Metropia
	-	371 5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	FlashForward (HDTV) (N)		Grey's Anatomy (N)		Practice
	245	306 6 CBRT	Wheel-Fortune	Jeopardy! (N)	Doc Zone (N)		The Border "Broken" (N)		CBC News: The National		The Hour
	244	338 7 CICT	ET Canada	Entertainment	90210 (HDTV) (N)		Survivor: Samoa (N)		The Office (N)	The Office	News Hour
	246	- 8 CKAL	Law & Order: SVU		The Jay Leno Show (N)		Community (N)	Parks-Recreat	30 Rock	30 Rock	Your City
	119	705 9 CBXFT	Virginie (SC)	Infoman (SC)	Enquête (HDTV) (SC)		3600 secondes d'extase (SC)		Le Téléjournal Nouvelles. (SC)		TJ Alberta
primetime	-	- 10 SHAW	(6) Local Programming						Local Programming		
	-	372 12 KREM	News	Hollywood	The Doctors		Survivor: Samoa (N)		CSI: Crime Scene Invstgtn.		The Mentalist
	-	374 14 KSPS	NewsHour With Jim Lehrer		General Election '09		Sherlock Holmes Mysteries		MI-5 "Divided They Fall"		Soundstage
	502	390 15 CBC	CBC News: The National		The Nature of Things		CBC News: The National		CBC News: The National		Nature-Things
	-	370 16 KHQ	News	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	Community (N)	Parks-Recreat	The Office (N)	30 Rock	Jay Leno Show
	-	373 22 KAYU	The Office	Raymond	Two/Half Men	Two/Half Men	Bones (HDTV) (N)		Fringe "Dream Logic"		News
	297	652 37 WPIX	Supernatural (HDTV) (N)		PIX News at Ten Tong.		Two/Half Men	Friends	Friends	According-Jim	Family Guy
news	500	500 29 CNN	Larry King Live (N)		Anderson Cooper 360 (HDTV)				Larry King Live		Cooper 360
	508	502 31 CNN2	The Joy Behar Show		Nancy Grace		Showbiz Tonight		The Joy Behar Show		Nancy Grace
sports	400	400 21 TSN	NHL Hockey		SportsCentre (HDTV) (Live)			Off the Record	World Poker Tour		World Poker
	408	418 27 net	MLB Baseball: National League Championship Series Game 1				Sportsnet Connected		Sportsnet Connected		MMA Conn
	410	403 30 SCORE	(5:30) College Football Cincinnati at South Florida. (Live)				Score Now		Score Now		Score Now
	411	457 44 OLN	Survivorman		Ghost Hunters		Bounty Hunter	Bounty Hunter	Survivorman		Ghost Hunters
	417	406 48 SPEED	Jacked!	Jacked!	Wrecked	Wrecked	Pimp My Ride	Pass Time	Pinks -- All Out (HDTV)		Jacked!
family	552	543 20 YTV	iCarly	iCarly	Drake & Josh	Family Biz	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz
	557	541 39 FAM	Zoey 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School
	555	545 67 TOON	Jimmy Two	Johnny Test	Stoked	Total Drama	Majority Rules	6TEEN	Futurama	King of the Hill	*Blade: Trinity*
	575	583 11 CMT	According-Jim	According-Jim	Home Improve.	Home Improve.	Karaoke Star "Best of"		Reba	Reba	According-Jim
	553	546 17 TREE	Little Bear	Maggie-Beast	Babar	Zigby	Max & Ruby	Dragon (DVS)	Backyardigans	Ni Hao, Kai-lan	Go, Diego, Go!
	505	398 19 TWN	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
	602	568 23 W	House-Seli	Style by Jury	Old Christine	Friends	Friends	Grocery Bag	Confidential	Confidential	Divine Design
	521	560 24 TLC	Police Women of Broward		Mall Cops (N)		Police Women of Broward		Mall Cops (HDTV)		Police Women
	603	561 25 FOOD	Perfection	Perfection	Ace of Cakes	Ace of Cakes	Family	Family	Unwrapped	Unwrapped	Perfection
	615	520 26 A&E	The First 48 (HDTV)		The First 48 "Blackout"		Crime 360 (HDTV)		(10:01) The First 48		The First 48
	617	522 32 SHOW	Trailer Park	Trailer Park	The Outer Limits		Da Vinci's City Hall		The Best Years (DVS)		Saving Grace
	601	562 33 SLICE	X-Weighted "Sharla"		X-Weighted "Jeremy"		ET Canada	What Happen?	Biggest Loser Australia		Beauty, Geek
	-	633 34 ENC2	Filmography	(7:25) *SnakeEater II: The Drug Buster* ★			*La Femme Nikita* ★★★ (1991, Suspense) Anne Parillaud.				*Desperado*
	520	505 35 DISC	MythBusters		MythBusters		Daily Planet		MythBusters		MythBusters
	620	523 36 BRAVO	*Metal: A Headbanger's Journey* (2005)			Bravo!Videos	Law & Order		Without a Trace "True"		*Undisputed*
	294	650 40 WPCH	Law & Order: SVU		*Payback* ★★ (1999, Action) Mel Gibson, Gregg Henry.				The Office	*Payback* (1999, Action)	
	626	547 41 COM	Just for Laughs		Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Hot Box
	-	539 42 TCM	(6) *Paper Moon* (1973)		*O Brother, Where Art Thou?* ★★★ (2000, Comedy-Drama)				*Sounder* ★★★★ (1972, Drama) Cicely Tyson.		
	628	584 43 SPIKE	TNA Wrestling (HDTV) (N)						MANswers	GameTrailers	Ways to Die
	522	516 45 HIST	Underworld Histories		Ice Road Truckers		Ancient Discoveries		Underworld Histories		After People
	627	528 46 SPACE	Primeval		Eureka (N)		InnerSpace (N)	Stargate SG-1		Star Trek: Next Gener.	
	-	- 47 AMC	(6) *Stargate* ★★ (1994, Science Fiction)			*The Fly* ★★★ (1958, Science Fiction) Al Hedison.				*Dragonheart* ★★ (1996)	
cable variety	619	525 49 TROP	Bob & Doug	Bob & Doug	Seinfeld	Seinfeld	The Outer Limits		ET Canada	TV Made, Do It	Family Guy
	600	564 50 HGTV	Family Reno	Disaster DIY	House Hunters	House Hunters	Holmes Inspection		Family Reno	Disaster DIY	Holmes-Homes
	501	391 52 CTV	CTV News Tonight		CTV News	CTV News	CTV News	CTV News	CTV News	CTV News	CTV News
	504	508 70 BNN	Squeeze Play		Business News	Commodities	Market Call Tonight		Headline	Commodities	Squeeze Play
	526	507 92 VIVA	The Closer "Blindsided"		Da Vinci's Inquest		Psychic Inv.	Encounters	Judging Amy		Missing
	269	350 93 APTN	Wapos Bay	By the Rapids	Rez Rides	Moose TV	*Bill & Ted's Bogus Journey* ★★ (1991, Comedy), Alex Winter				Fish Out of
	-	- 94 MCP	World News	News	Sewing Maid	Kingdom-Wind	Vancouver	Shaktimaan	Dheeyan Ghar	Sadabahar	Connections
	571	581 100 MMM	Wild 'n Out	Wild 'n Out	Storytellers Snoop Dogg.		The Daily Fix		Wild 'n Out	Wild 'n Out	Storytellers
	570	580 101 MM	You Can Dance		Dance	Instant Star	One Tree Hill		Video on Trial	Video on Trial	The Shift
	581	566 102 MTV	Fantasy Fact.	Beatdown	Nitro Circus (N)	Pranked	MTV Live	MTV News	Fantasy Fact.	Beatdown	Nitro Circus
	-	- 116 TV5	Envoyé spécial			Cité guide	TV5 Le Journal	Vous aurez le dernier mot			Photo suisse

critics'corner

The Border

As Gray (Graham Abbey) and the rest of the ICS team continue their investigation into the explosion that left one of their number dead and two others seriously injured, U.S. Homeland Security agent Bianca LaGarda (Sofia Milos) returns — and she's not alone. She's escorting a Guantanamo Bay prisoner with terrorist connections. James McGowan also stars in the new episode "Broken." 9 PM on CBRT

O Brother, Where Art Thou?

Made by siblings Joel and Ethan Coen ("Fargo"), this 2000 comedy loosely was inspired by Homer's classic "The Odyssey." It puts three escaped convicts (George Clooney, John Turturro, Tim Blake Nelson) on the run from pursuers and toward considerable wealth. They seek a hidden treasure, but many complications arise. The bluegrass soundtrack, honored by the Country Music Association Awards, spawned a concert tour. 8 PM on TCM

Kenya's Style

Kenya Hunt

Read the blog at metronews.ca/kenyasstyle

THE HIGHEST HIGHS AND LOWEST LOWS OF THEO FLEURY

Meet Theo Fleury on his cross-country tour

Toronto
October 17 at 12:00 noon
Indigo Eaton Centre
220 Yonge Street

Vancouver
October 22 at 7:00 PM
Chapters Broadway & Granville
2505 Granville Street

Calgary
October 24 at 2:00 PM
Chapters MacLeod Trail
9631 MacLeod Trail SW

Winnipeg
November 3 at 6:00 PM
McNally Robinson at Polo Park
1485 Portage Avenue

Calgary
November 7 at 1:00 PM
Costco Calgary South
99 Heritage Gate SE

harpercollins.ca

"Patricia Clarkson and Alexander Siddig bring untold layers of emotion!"
- Richard Ouzounian, THE TORONTO STAR

★★★★
"A must-see!"
- Liz Braun, THE TORONTO SUN

"Natural, sensuous and heartbreaking."
- Vanessa Farquharson, THE NATIONAL POST

★★★★
"Unfailingly charming!"
- Bill Brownstein, THE GAZETTE

WINNER
BEST CANADIAN FILM
2009 TORONTO INTERNATIONAL FILM FESTIVAL

ALEXANDER SIDDIG PATRICIA CLARKSON
CAIRO TIME

MONGREL MEDIA PRESENTS A FOUNDRY FILMS/SAMSON FILMS PRODUCTION A RUBA NADDA FILM
PATRICIA CLARKSON ALEXANDER SIDDIG "CAIRO TIME" STARRING ELENA ANAYA AMINA ANNABI TOM MCCAMUS
CLAIRE WELLAND LUC MONTPELLIER TERESA HANNIGAN TAMARA CONBOY BRENDA BOER
NIALL BYRNE STACEY HORRICKS DAVID HAYMAN CHARLES PUGLISE CHRISTINE VACHON
DANIEL IRON DAVID COLLINS RUBA NADDA
PG SAMSON FOUNDRY FILMS INC. Citytv mongrel media
WWW.CAIROTIME.CA

EXCLUSIVE ENGAGEMENT STARTS FRIDAY!
Check theatre directories for showtimes
CINEPLEX ENTERTAINMENT EAU CLAIRE

Reaction to blackface skit was 'appropriate,' says Connick Jr.

Singer says he was right to express outrage on TV program

Harry Connick Jr. says he did the right thing by expressing his outrage at a blackface skit poking fun at the Jackson Five in Australia last week.

"I'm pleased with the way I handled the situation," the 42-year-old American singer and actor told reporters yesterday in Hong Kong, where he was promoting his new album Your Songs.

"I handled it in exactly the manner I thought was appropriate," he said.

The skit was featured on an Australian TV variety show where Connick was a guest judge. Four men in blackface and with Afro wigs sang and danced behind a Michael Jackson impersonator wearing white makeup. Connick gave the performance a zero score. The host of Hey Hey It's Saturday, Daryl Sommers, apologized to Connick at the end of the live show.

RYAN AGOSTINI/THE ASSOCIATED PRESS

Singer Harry Connick Jr., shown in this file photo, says he thinks he did the right thing by expressing his outrage at a blackface skit poking fun of the Jackson Five in Australia last week.

Connick said in response, "I just want to say, on behalf of my country, I know it was done humourously, but we've spent so much time trying to not make black people look like buffoons, that when we see something like that we take it really to heart."

Public reaction in online forums was mixed. Some Australians said they were embarrassed such a racist sketch had been broadcast, while others said detractors were too politically correct and that the skit was funny.

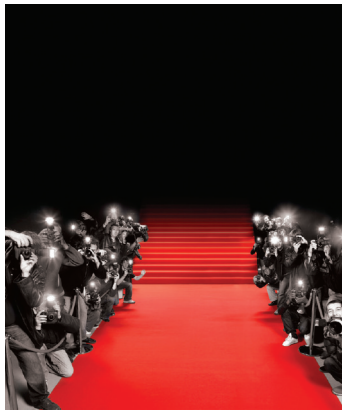
Connick said he cancelled an autograph session and interviews in Sydney after the show to let the controversy die down.

"It was very hot. It was a subject that was very, very controversial. So we just decided to take a couple of days off. I wasn't worried about physical harm," he said.

Blackface once was a part of minstrel shows in the United States, with whites playing stock black characters — usually demeaning stereotypes — after rubbing coal, grease or shoe polish on their faces.

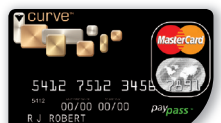
THE ASSOCIATED PRESS

stand out
from the crowd
at the 52nd GRAMMY® Awards!



You could win a trip to the GRAMMY®s compliments of MasterCard®!
Just use the Curve™ MasterCard® to automatically enter, or submit a video at thecurvecard.com/calgary showing us how you stand out.[1]

Arrive in style with a card as unique as you
Earn up to 1.5% cash back for all your purchases![2] Then enjoy the freedom to reward yourself how you choose.



No annual fee

Apply for your card today at thecurvecard.com/calgary
You can also call 1-800-961-1151 (Quote promo code 2000).

[1] Simply use the Curve™ MasterCard® between September 15, 2009 and November 20, 2009 to be automatically entered for a chance to win. You will automatically receive 10 entries into the contest every time you use your card to make an eligible purchase between September 15, 2009 and November 20, 2009. You will receive 10 entries for a video submission with the possibility of 150 more entries if your video is selected for uploading and voted for. Canadian Tire Bank reserves the right not to accept for submission any videos it considers inappropriate or not in compliance with contest guidelines. No purchase necessary. Visit thecurvecard.com/calgary for details on no purchase necessary entry. There is one (1) grand prize Grammy Prize package (CAD$15,000 estimated value) to be awarded to the winner of the contest draw, and one (1) CAD$500 credit to the Curve MasterCard, or a Canadian Tire gift card loaded with CAD$500, will be awarded to the person who receives the highest number of votes for their video submission. Full contest details available online at thecurvecard.com/calgary. Contest closes November 20, 2009. Skill testing question required. Odds of winning depend on the number of eligible entries received.
[2] Some conditions apply. See Cash on the Curve™ Rewards Program Terms and Conditions for details. The Canadian Tire Curve™ MasterCard® is issued by Canadian Tire Bank pursuant to a licence by MasterCard International.
®/™ The trademarks of Canadian Tire Corporation, Limited are used under licence.
®/™ MasterCard and the MasterCard Brand Mark are registered trademarks, and PayPass is a trademark, of MasterCard International Incorporated.
GRAMMY, GRAMMY Awards and the gramophone logo are registered trademarks of The Recording Academy and are used under licence.

MasterCard paypass
MasterCard GRAMMY AWARDS Official Sponsor

Rocky Mountain retail
The Canadian Rocky Mountain Resort, which owns Cilantro, Velvet, The Ranche and Divino, has opened a retail store (330-17th Ave. SW) selling homemade stocks, pastas, pizzas, as well as buffalo and elk from their ranch southwest of Calgary. METRO NEWS SERVICES

Urban Foodie

●●●●● INSPIRED; ●●●● VERY GOOD; ●●● PALATABLE; ●● HO-HUM; ● NEVER AGAIN

Light up Diwali with Indian takeout

ANDREE LAU
CalgaryUrbanFoodie@gmail.com

Saturday marks Diwali, an Indian festival that celebrates the victory of good over evil in a blaze of brightly coloured lights. Visits with friends and family are also punctuated with snacks and sweets.

Try these Indian take-out options to enjoy with loved ones on a cold weekend.

Mirchi
825-12th Ave. S.W., Calgary
(403) 245-3663
mirchirest.com

Nearby residents and taxi drivers have already figured out Mirchi's delicious curries and spicy kebobs are a fabulous alternative to not cooking at home. The Mirchi kebob ($8.99) is mouth-watering and lives up to the billing that it has "more kick than a Bollywood hero." Chicken karahi ($12) is fragrant and full of tender pieces of meat, kissed by fresh ginger slivers.

Tiffin Curry & Roti House
188-28th St. S.E., Calgary
(403) 273-2420
Tiffincurry.com

Three meat and three veggie curries are made fresh every day in this cafeteria-style restaurant. Lamb, beef, cauliflower and potato are all part of the rotation. Combos are well-priced: One meat and one veggie curry with rice and three rotis costs just $11.95. Tiffin is named after the stacking lunch containers that are delivered by the thousands every lunch hour to workers in Mumbai. You can buy your own re-usable thermal container from Tiffin, which then gets you 10 per cent off combo meals every time you use it.

Nirvana
5075 Falconridge Blvd. N.E., Calgary
(403) 590-9797
nirvanacalgary.com

Nirvana is a gorgeous restaurant, with high ceilings, soft chandeliers, dark wood furniture and a stone water fountain. It has a very large menu ranging from Punjab fish pakoras ($6) to South India dosas ($8) to Chinese chicken fried rice ($9). You can pop by just to visit the front dessert counter with its selection of pretty Indian sweets and pastries. Jalebi is an addictive bright-orange, deep-fried, pretzel-shaped treat soaked in syrup. Or try barfi, made of condensed milk and sugar.

On the web

- Get recipes and more great food content at metronews.ca/recipes

ANDREE LAU/FOR METRO CALGARY

A combo of one meat and one vegetable curry with rice and roti ($11.95) from Tiffin Curry & Roti House.

Global Peasant blog online

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog. 7
- Check out metronews.ca/globalpeasant to watch turkey leftovers get a Tex-Mex spin. Diane cooks up BBQ sauce and a great sandwich.

Dining out

WINGS WEDNESDAY
Quantity rules at the Yardhouse (718-17th Ave. SW and 1136 Kensington Rd. NW) with one of the best deals on weekday wings — 100 for $15.

B.Y.O.B.
Some restaurants are offering free corkage on certain days of the week: FARM (1006-17th Ave. SW) on Mondays, Big Fish (1112 Edmonton Tr. NE) on Wednesdays, and River Cafe (Prince's Island Park) and Teatro (200-8th Ave. SE) on Sundays.

In brief

WINE & FOOD FEST The Rocky Mountain Wine & Food Festival kicks off tonight (until Saturday) at the BMO Centre at Stampede Park. Sample fine wines, spirits, import beers and local gourmet food. For tickets ($18-$30), go to rockymountainwine.com.

What is Courtney 'revving up,' exactly?

Courteney Cox says she and husband David Arquette are looking forward to having a second child — eventually. "We're not trying yet. We're revving up the engines. I'm only ready because time's a-ticking," she tells OK! Magazine. METRO WORLD NEWS

Celebrity Buzz

Tracy takes aim at former SNL co-stars for being mean

YOUR CAREER SUCKS, AND MINE DOESN'T Tracy Morgan has some choice words for his former Saturday Night Live co-stars, Cheri Oteri and Chris Kattan.

According to Defamer, the 30 Rock star says his ex-colleagues mistreated him during their SNL years together in his upcoming autobiography, I Am the New Black — and judging by his ad-libs during his audiobook recording, Morgan's not over it.

"I could remember those two, especially those two people, treating me like the invisible guy. Now look where they at. Cheri Oteri, she can't even get arrested," he says in the clip. "Where's Chris Kattan now? They never going to host Saturday Night Live."

The Emmy-nominated Morgan, who has hosted SNL, adds that Will Ferrell, Colin Quinn and Molly Shannon treated him "beautifully."

METRO NEWS SERVICES

Jacksons squabble over kids appearing on family's show

ISN'T A JACKSONS REALITY SHOW SUPERFLUOUS? The Jacksons are at odds over the inclusion of Michael Jackson's three children in an upcoming A&E reality show about the famous family, Us Weekly reports in its latest issue.

A source tells Us Weekly the buzzed-about program will include Michael's kids — Prince, 12, Paris, 11, and Blanket, seven — though not everyone's happy about it. Eldest sister Rebbie, 59, who has refused to be in the series (called The Jacksons: A Family Dynasty, tentatively set to air in December), "feels Michael would spin in his grave if he knew his kids would be on this show."

While Janet, 43, is on board, mom Katherine "is just going along with things," the source continues. Still, one of the creators of the program — which will be either five one-hour episodes or 10 half-hour episodes — says the family shines on the series.

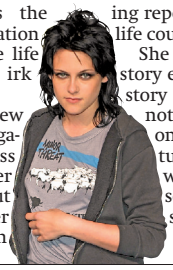
"We have 23 cast members with the last name Jackson," executive producer Jodi Gomes tells Us Weekly. "They've done a great job opening up about losing a brother."

METRO NEWS SERVICES

Kristen's sick of Rob romance rumour

BUT IT'S A GENUINE RUMOUR! Kristen Stewart is tiring of reports she's dating her Twilight film series co-star Robert Pattinson, insisting she's sick of reading the same story every day, femalefirst.co.uk reports.

The young actors have been forced to deny persistent reports they have taken their on-screen romance off-screen and Stewart admits the constant speculation over her private life is beginning to irk her.



In an interview with Allure magazine, the actress refuses to answer questions about the extent of her relationship with Pattinson for fear of fueling reports they are a real-life couple.

She says, "I read that story every day ... It's in a story every day, so let's not put it in another one." The pair will return later this year with New Moon, the second movie in the saga.

METRO NEWS SERVICES

Ex-senator declares her innocence

THE WHEEL OF CELEB JUSTICE A former Bahamas senator denied trying to blackmail actor John Travolta after the death of his 16-year-old son as she testified in her extortion trial yesterday.

In an unsworn statement, Pleasant Bridgewater told jurors she was set up by the movie star's lawyers and complained she has been ridiculed and ostracized since being charged in January. "I maintain my innocence," said Bridgewater, who was not subject to cross-examination because she did not swear an oath. "I will be the first to say I am no saint. But I am no devil."

Defence lawyers began presenting their side after three weeks of testimony by prosecution witnesses including Travolta, who said ambulance driver Tarino Lightbourne threatened to sell stories to the news media suggesting the movie star was at fault in the death of his son, Jett, unless he paid $25 million US. Bridgewater is accused of negotiating with Travolta's attorneys for Lightbourne. Both defendants have pleaded not guilty to extortion. The alleged scheme involved a document that Travolta signed in the moments after his son suffered a seizure at a family vacation home on Grand Bahama.

THE ASSOCIATED PRESS

Celebrity tweets

Stephen Fry gets frustrated hanging his clothes, Jessica Simpson doesn't appreciate pranks about her lost dog, and Moby has an interesting plane ride.

• @stephenfry
Of all human inventions coat hangers behave the least well. Entirely slappable entities at the best of times.

• @JessicaSimpson
People have been contacting my family and friends saying that Daisy has been found. Untrue. People are so cruel.. please respect her memory.

• @thelittleidiot
2 drunk pornstars sitting behind me on the flight to san diego. They brought their yorkies with them. Its like a cancelled sitcom from 1986.

METRO NEWS SERVICES

Russell's ex has a warning for Katy

SHE'S NOT BITTER AT ALL Katy Perry may be enjoying what looks like a blossoming relationship with Russell Brand, but an ex-girlfriend of the British comedian says Perry should not get too comfortable. "Everyone knows you don't date Russell Brand seriously," Georgina Baillie tells Life & Style magazine. "Russell likes the idea of having a serious relationship, but when you've got all these different flavours of ice cream offered to you on a plate, you're not going to stick with vanilla, are you? I don't think he's capable of monogamy." METRO WORLD NEWS

RECOMMENDED BY METRO READERS

Top 5 Insurance Agents

Bernie Switzer
"Experienced, after 50yrs and going strong _ he's your guy."

Dara Lee Duncan
"Dara looks after all my insurance needs as my single point of contact for car, truck-commercial, condo insurance."

Dwayne Johnston
"Dwayne offers great service and top-notch pricing."

Jordan Rosales
"He can help you with your financial problems, Debt, Life Insurance, RSP's, etc."

Brenda Haddow
"Professional, easy to work with and really good service!"

Visit metronews.ca/gigpark for thousands of reader recommendations

Powered by metro and gigpark

DIPLOMA PROGRAMS

HEALTH CARE — Massage Therapy ✓ | Medical Office Administrator ☆ | Retail Pharmacy Technician ✓☆ | Medical Administrative Assistant ✓

TECHNOLOGY — Network and Internet Security Specialist ✓ | Help Desk Support Analyst ✓

BUSINESS & LEGAL — Paralegal ☆ | Business Administration E-Commerce Management ☆ | Accounting and Payroll Administrator ✓☆ | Professional Legal Assistant ✓ | Oil & Gas Administrative Assistant ✓☆ | Computer Graphic Design ☆ | Business Administration Management ✓☆

- Financial Aid Available to Qualified Applicants
- Career Services Assistance
- High Graduate Employment Rates
- 10 Campuses in AB
- Classes Filling Fast – Call Now to Reserve a Seat

* Not All Programs Available At All Campuses.
☆ Pertains To A Reeves College Program
✓ Pertains To A CDI College Program

REEVES COLLEGE Guiding Your Success 1-800-710-1448 WWW.LEARN.REEVESCOLLEGE.CA

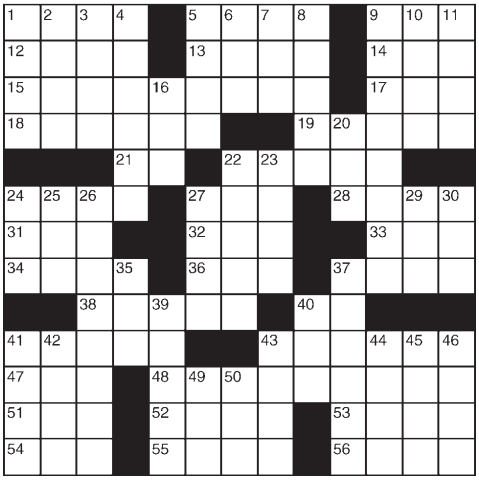
CDI COLLEGE BUSINESS • TECHNOLOGY • HEALTH CARE 1-888-245-6827 WWW.CAL.CDICOLLEGE.CA

Today Mainly sunny 6 C / -4 C
Friday Partly cloudy 11 C / -4 C
Saturday Mostly cloudy 11 C / 2 C

BT BREAKFAST TELEVISION

Andrew Schultz, Meteorologist – Breakfast Television
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta." **WEEKDAYS AT 6 A.M.**

Take Five



Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

5		1		8				
			9				2	
	8			6		7		
4		3	1		6	5		
	1						4	
		6	5		8	3		2
		8		3			7	
	7				1			
				2		8		9

ACROSS

1 Tackled weeds
5 Miss Scarlet's game
9 Occupation
12 Incite
13 Padlock fastener
14 Kyoto cummerbund
15 Recurring marine events
17 Thither
18 Fall
19 Propelled a scull
21 "— what?"
22 Felix Salten story
24 Bad habit
27 "El —"
28 Old Testament kingdom
31 Commotion
32 Peculiar
33 Actress — Longoria Parker
34 — hall meeting
36 Month (Sp.)
37 Now, on a memo
38 Refuge
40 @
41 Nonsense
43 Will subject
47 Disencumber
48 Wasn't neutral
51 Lemieux milieu
52 Saskatchewan tribe
53 Complain
54 Surprise cries
55 Flock
56 Host

DOWN

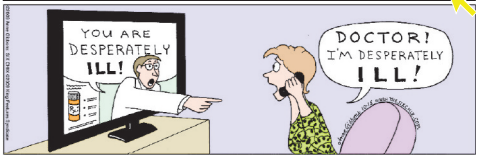
1 Suspended
2 Sandwich treat
3 "Zounds!"
4 Oust from a throne
5 Goatee site
6 Young bloke
7 Work with
8 English racetrack site
9 Trips taken in "borrowed" cars
10 Reed instrument
11 Tie
16 Pair
20 Homer's dad
22 Obama's veep
23 Puts in
24 Cistern
25 Altar affirmative
26 Leather materials
27 Arrive
29 Eggs
30 Chart
35 Carpet feature
37 Theseus' land
39 Fodder plant
40 Pompous sort
41 Small combo
42 Opulent
43 Scratched (out)
44 Hebrew month
45 Clause in a contract
46 Get a glimpse of
49 Raw rock
50 "— the ramparts ..."

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

9	4	6	2	3	7	1	5	8
2	1	7	6	8	5	9	4	3
3	8	5	1	4	9	6	2	7
6	5	1	7	2	3	8	9	4
4	2	9	8	1	6	3	7	5
8	7	3	9	5	4	2	6	1
1	6	4	5	9	8	7	3	2
7	3	2	4	6	1	5	8	9
5	9	8	3	7	2	4	1	6

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day

Homemade Whole Wheat and Beer Pizza

Submitted by Eilean McKenzie, Winnipeg

INGREDIENTS:

Crust:
2 cups white all-purpose flour
1/2 cup whole wheat flour
1 tbsp dried rosemary
2 tsp garlic salt
1/2 tbsp chili flakes
1 tbsp yest
1 tsp sugar
1 cup of beer at room temperature
1/2 cup of olive oil
1/4 cup water (if necessary)

Topping:
1 cup barbecue sauce
1 cup cubed cooked chicken breast
1 cup low fat shredded cheese (marble or mozzarella)
Fresh vegetables

METHOD:
1.Put all dry ingredients in a large mixing bowl. Evenly mix them.
2. Add olive oil and beer. Keep mixing till you form a ball of dough. If it's a little dry, add more beer or warm water. If it's a little sticky, sprinkle on flour. When you remove the dough from the bowl, it should be sticky but not leave anything on your fingers or in the bowl.
3. Stretch dough onto greased cookie sheet or pizza stone.
4. Top with barbecue sauce and other ingredients.
5. Cook for 30-45 minutes at 400°F until crust is golden brown and cheese is bubbling.

SERVES 4
PREP TIME: 10 MINUTES
COOK TIME: 35 MINUTES

20 minute SUPPER CLUB

20 Minute Supper Club helps you get dinner ready in a snap at **20minute supperclub.com**. Visit 20minutesupperclub.com/metro to be entered to win a $50 President's Choice gift certificate!

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
You will go out of your way to make life easy for loved ones and colleagues. What you do for them now they will do for you later

TAURUS ♉
APRIL 21-MAY 21
Try not to get too close to something you are working on, because if you do you may lose your sense of perspective.

GEMINI ♊
MAY 22-JUNE 21
It is time to put your own interests first and start work on something you have been planning for quite some time.

CANCER ♋
JUNE 22-JULY 22
With love planet Venus at odds with Pluto today you must expect others to demand their independence, and if you're wise you will give it to them.

LEO ♌
JULY 23-AUG 23
You will get a lot more out of social activities than just sitting at home watching TV, so get your act together and get out into the world.

VIRGO ♍
AUG 24-SEPT 22
Any barriers you encounter today are most likely to come from your work rivals. But that's OK because you like a challenge.

LIBRA ♎
SEPT 23-OCT 23
Success is yours if you want it but with your ruler Venus at odds with Pluto today you could be a bit too reckless for your own good.

SCORPIO ♏
OCT 24-NOV 22
If you want to begin it on the right note there are things you need to get sorted, especially your tendency to dwell in the past. Move on.

SAGITTARIUS ♐
NOV 23-DEC 21
You must get the balance right when it comes to furthering your ambitions. By all means aim to get ahead but try not to appear too pushy or selfish.

CAPRICORN ♑
DEC 22-JAN 20
Do you guard your independence and put your own interests first? Or do you trade freedom for security? Only you can decide, but decide you must.

AQUARIUS ♒
JAN 21-FEB 18
The Sun and Venus in Libra boost your confidence and make it easier to be adventurous. If you get the chance to travel today take it.

PISCES ♓
FEB 19-MARCH 20
You're in one of your impulsive moods at the moment and inevitably you will get yourself into some risky situations.

Dial 10-10-925
Save with yak
NOW ONLY Canada & USA 5¢ MIN.
yak.ca
All calls 10 seconds or more in duration are subject to a 20 cent minimum charge.

FLIGHT CENTRE Unbeatable
Puerto Vallarta
7 Nights 4-Star All-inclusive
from $498 + taxes & fees $270
UPGRADE to 4.5-star accom from $15 per night.
1 866 503 1294 | flightcentre.ca
Conditions apply. Ex: Calgary. Package prices are per person, based on double occupancy. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, GST and fuel supplements and are approximate and subject to change.

SHAGANAPPI

GM GMC

Calgary's ONLY Northwest General Motors Dealer

BEST EVER!
2009 CLEAROUT!

MEMO
TO ALL SALES STAFF!
SELL ALL VEHICLES BY OCT. 31 ST.
ANY REASONABLE OFFER YOU GET. TAKE IT!!!

87 LEFT	2009 1500/SIERRA	FROM $14,888
28 LEFT	2009 2500 HD'S	SAVE UP TO $16,788
29 LEFT	2009 COLORADO/ CANYON	FROM $21,488
12 LEFT	2009 TAHOE/YUKON HYBRID	$59,988

17 LEFT	2009 AVEO	FROM $12,888
24 LEFT	2009 COBALT/G5	FROM $13,488
10 LEFT	2009 MALIBU HYBRID	$24,888
8 LEFT	2009 CORVETTE	SAVE UP TO $21,000

LOOK AT OUR PRE-OWNED INVENTORY SELECTION!

0% Financing Has FLooded Us With Trades! We Must Reduce Our Inventory or Be Forced To Take These Cars To Auction!

$0 DOWN*

PAYMENTS AS LOW AS $99 B/W*

2003 PONTIAC GRAND PRIX GT V6, auto, leather	MAKE US AN OFFER	2003 JAGUAR S TYPE V8, leather, sunroof	$18,995	2005 JEEP LIBERTY 4x4, 4cyl, fully equipped	$13,995	2007 CHEV AVALANCHE V8, fully equipped, 20's	$32,995
2005 CHEV COBALT COUPE 4cyl, auto, air	MAKE US AN OFFER	2004 VW GOLF TDI Fully equipped	$15,995	2005 CHEV 3500 Dually, duramax, auto	$24,995	2008 NISSAN TITAN auto, fully equipped	$29,995
2008 CHEV HHR loaded, 4cyl, sunroof	MAKE US AN OFFER	2007 VW PASSAT turbo, leather, sunroof	$23,995	2005 CHEV 2500 fully equipped, duramax, auto	$18,995	2008 CHEV TRAILBLAZER 6cyl, auto, fully equipped	$25,995
2002 NISSAN PATHFINDER LE V6, 4x4, leather	MAKE US AN OFFER	2007 CORVETTE 6 spd, loaded, glass roof	$45,995	2006 PONTIAC MONTANA V6, auto, fully equipped	$12,995	2008 CHEV 1500 LTZ Loaded, leather, sunroof	$36,995
2002 MAZDA TRIBUTE V6, 4x4, leather	MAKE US AN OFFER	2007 CHEV COBALT auto, fully equipped, sunroof	$15,995	2006 GMC CANYON 5cyl, off road, auto	$18,995	2008 CHEV AVALANCHE LTZ nav, dvd, sunroof	$43,995
2002 CHEV TAHOE Z71, 4x4, leather	MAKE US AN OFFER	2008 PONTIAC WAVE loaded, sunroof, alloys	$12,995	2006 CHEV 1500 CREW 5.3L, fully equipped	$23,995	2009 CHEV TAHOE 5.3L, fully equipped, remote start	$38,995
2003 CHEV TRAILBLAZER EXT 6cyl, auto, 4x4	MAKE US AN OFFER	2008 CHEV MALIBU 4cyl, auto, loaded	$22,995	2006 CHEV AVALANCHE V8, auto, fully equipped	$23,995		
2005 CHEV EQUINOX V6, fully equipped	MAKE US AN OFFER	2009 PONTIAC G6 4cy, auto, remote start	$17,995	2007 CHEV 1500 EXT 5.3L, fully equipped	$27,995		

4.9% FINANCING ON USED VEHICLES!

AMVIC Licensed

WWW.SHAGANAPPI.COM

536-3287

ON THE CORNER OF CROWCHLD & SHAGANAPPI TRAILS NW
TAKE NORTHLAND MALL EXIT OFF CROWCHILD TRAIL

SHAGANAPPI

All rebates to dealer. Price reflects